# Management of Traumatic **Brain Injury Q**Health COLLEGE OF MEDICINE The UNIVERSITY of OKLAHOMA HEALTH SCIENCES

**Acute Care Surgery** 



### Management of Traumatic Brain Injury (TBI)

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## **Disclosure of Financial Relationships**

#### **Emily E Switzer**

## I have no financial relationships or affiliations with ineligible companies to disclose.





## **Learning Objectives**

- 1. Discuss Stats on TBI
- 2. Work-up of TBI, including BIG guidelines
- 3. Identify the different types of traumatic brain injury
- 4. TBI pathophysiology
- 5. Management strategies for TBI
- 6. Indications for ICP monitoring and Craniectomy
- 7. Anticoagulation after TBI
- 8. Prognostication





## **Definition of TBI**

Position statement: definition of traumatic brain injury. Menon DK, Schwab K, Wright DW, Maas AI, Demographics and Clinical Assessment Working Group of the International and Interagency Initiative toward Common Data Elements for Research on Traumatic Brain Injury and Psychological Health Arch Phys Med Rehabil. 2010;91(11):1637.

 "an alteration in brain function, or other evidence of brain pathology, caused by an external force"





#### **EPIDEMIOLOGY OF TBI**





## **Epidemiology of TBI**



- Leading cause of death in trauma patients in US
  - 30% of ALL deaths from trauma
- Major cause of death and disability worldwide
  - -70 million people/year
- Socioeconomic burden
  - \$\$\$\$ (\$76Billion/year)
  - 1% of US population lives with TBI

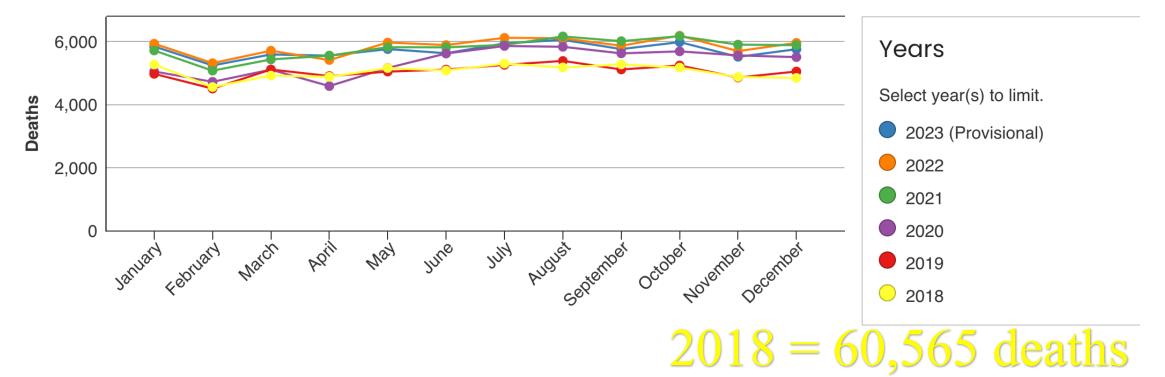




## **TBI – US fatalities/month**

#### 2023 = 68,666 deaths

EXPLORE TOPICS







Traumatic Brain Injury & Concussion

## **TBI Stats (US)**



- 214,110 TBI-related hospitalizations in 2020
- 586 TBI-related hospitalizations per day(2020)
- 190 TBI-related deaths per day (2020)
  - Does not include TBIs that are not admitted or treated in outpatient settings



## **TBI Stats (US)**



- A leading COD/disability in children/teens
  - Age 0-4 2<sup>nd</sup> highest TBI diagnoses and hospitalization rates
- >75 years highest rates of TBI diagnoses, hospitalizations, and deaths
  - With increasing age/ falls--> increase mortality
- M >>> F





## **Epidemiology of TBI**



- MVC > Falls > Suicide > Homicide cause of TBI
  - (some quote falls now #1)
  - Suicide/firearms most common cause of TBI related death
    - Highest rates in patients > 75 years





## **Risk factors for TBI**

- Low socio-economic status
- Substance abuse
- Psychiatric/cognitive disorders

Prevalence and correlates of traumatic brain injuries among adolescents. Ilie G, Boak A, Adlaf EM, Asbridge M, Cusimano MD JAMA. 2013;309(24):2550.

Risk and outcomes for traumatic brain injury in patients with mental disorders. Liao CC, Chiu WT, Yeh CC, Chang HC, Chen TL J Neurol Neurosurg Psychiatry. 2012 Dec;83(12):1186-92. Epub 2012 Jul 8.





#### **PATHOPHYSIOLOGY OF TBI**





## **Primary vs Secondary TBI**

- Two distinct phases
  - Primary
    - Injury that occurs at the time of the trauma
  - Secondary
    - Cascade of injury that starts at the time of the trauma and continues
    - Treatment goal to prevent elevated ICP and herniation





## **Primary vs Secondary TBI**



Allison Capizzi, MD<sup>a</sup>, Jean Woo, MD<sup>b</sup>, Monica Verduzco-Gutierrez, MD<sup>c</sup>,\*

#### **Primary Injury**

- Direct hit can produce indirect damage through acceleration-deceleration (coup contrecoup) mechanism
- Penetrating (open) vs nonpenetrating (closed)
- Considered the period of focal injury, which can progress to become diffuse through secondary injury mechanisms

#### **Secondary Injury**

- Damage at the cellular/molecular level
- Ischemia causes cell death
- Vasogenic edema = extracellular edema, associated with cerebral contusion
- Cytogenic edema = intracellular edema, associated with hypoxic and ischemic injury





## **Types of TBI**

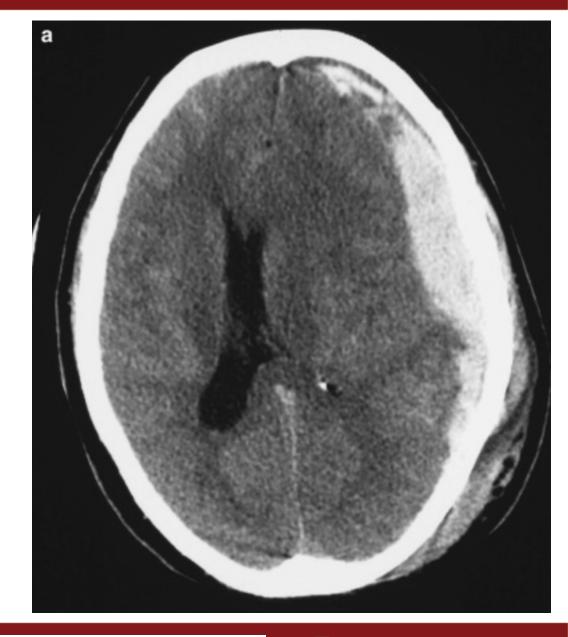
- Extra-axial
  - SDH
  - EDH
  - -SAH
- Intra-axial
  - -IPH
- Shearing
  - DAI





### SDH

- Blood between the dura and the arachnoid space
- "contre coup"
- More common than EDH
- Injury to bridging veins
- Can cross suture lines
- "Crescent" shaped
- acute, acute on chronic, or chronic



Hea

#### EDH

- Blood between skull and the dura
- "coup" side
- Commonly associated with skull fx
- Arterial injury >>> venous injury – Middle meningeal a.
- Do not cross suture lines
- "Lentiform" shaped
- + LOC  $\rightarrow$  Lucid interval  $\rightarrow$  decline

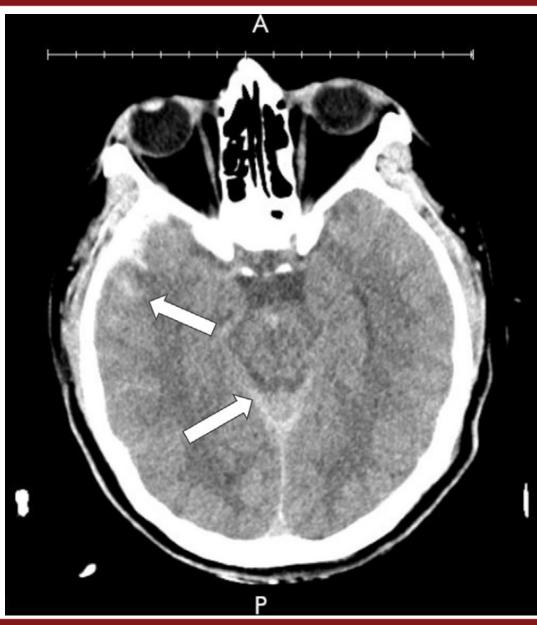




#### SAH

Traumatic or non-traumatic
 Most commonly aneurysmal

rupture







### IPH

- Multiple etiologies
  - AVM
  - HTN
  - Tumor
  - Aneurysm rupture
  - Trauma



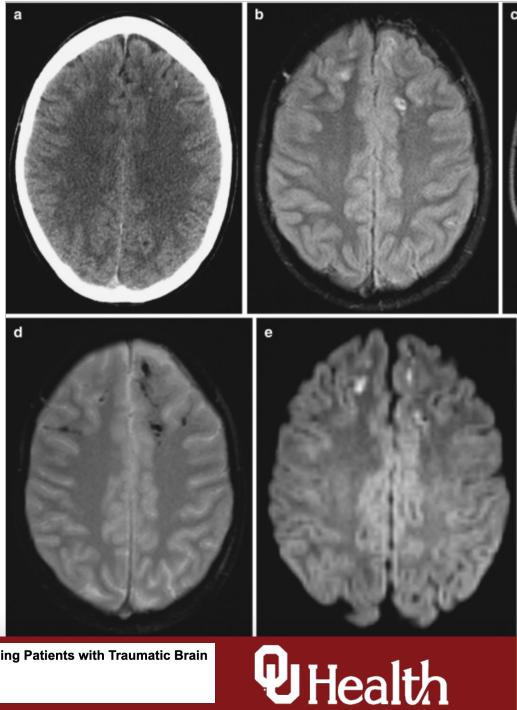


#### DAI

- Neuronal injury  $\rightarrow$  Shearing force
- MRI >>> CT

#### Grading of diffuse axonal injury

Grade I	Grade II	Grade III
Affects gray-white matter interface Frontal/ temporal > parietal/occipital	Involves frontal, temporal, parietal, occipital lobes, and corpus callosum	Includes damage to the brainstem as well as damage to structures mentioned in grade I and II





Chapter 7 Traumatic Neuroemergency: Imaging Patients with Traumatic Brain Injury—An Introduction

Paul M. Parizel and C. Douglas Philips.

## Work-up of suspected TBI

- Primary Survey
  - A,B,C, E
  - -D
    - GCS, Pupils
- Secondary Survey
- Imaging
  - Who should get it?

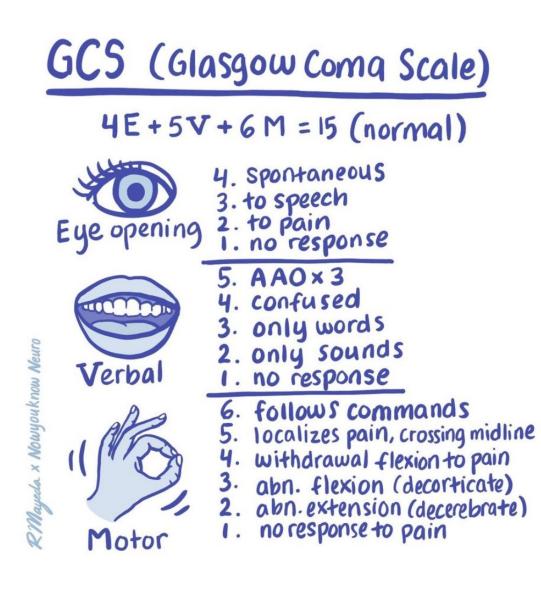






### GCS

- Systematic method to assess the severity of neurotrauma
- Motor component has prognostic value
- Mild/Mod/Severe



The 20<sup>th</sup> century: the dawn of modern neurotrauma treatment

Stefana-Andrada Dobran<sup>1</sup> and Dafin Fior Muresanu<sup>1,2</sup>

<u>J Med Life.</u> 2024 May; 17(5): 459–461. doi: <u>10.25122/jml-2024-1008</u>





## Work-up of suspected TBI Nexus Head CT instrument

LITERATURE

ORIGINAL/PRIMARY REFERENCE

Mower WR, Hoffman JR, Herbert M, et al. Developing a decision instrument to guide computed tomographic imaging of blunt head injury patients. J Trauma. 2005;59(4):954-959.

VALIDATION

Mower WR, Gupta M, Rodriguez R, Hendey GW. Validation of the sensitivity of the National Emergency X-Radiography Utilization Study (Nexus) Head computed tomographic (Ct) decision instrument for selective imaging of blunt head injury patients: An observational study. PLoS Med. 2017;14(7):e1002313.

Evidence of significant skull fracture e.g. periorbital or periauricular ecchymoses, hemotympanum, drainage of clear fluid from ears or nose, palpable step-off, stellate laceration (see <u>Evidence</u> for more detail)	Νο	Yes	agitation, in	opriate action, e.g. exces nconsolability, refusal to ctive response to questi	o cooperate,	Νο	Yes
Scalp hematoma Injuries not involving calvarium (e.g. hematomas limited to the face/neck), are not considered scalp hematomas	Νο	Yes	secondary to	thy g impairment, e.g. hemo to medications (Coumad ), hepatic insufficiency		Νο	Yes
Neurologic deficit Any abnormal neurologic finding revealed by detailed exam (see <u>Evidence</u> for more detail)	Νο	Yes	Persistent vomiting Recurrent (≥1 episode) projectile or forceful			Νο	Yes
Altered level of alertness e.g. Glasgow Coma Scale (GCS) ≤14; delayed or inappropriate response to external stimuli; excessive somnolence; disorientation to person, place, time, or events; inability to	Νο	Yes	emesis, either observed or by history, after trauma				
			Age ≥65 yea	ars		No	Yes
remember three objects at 5 mins; perseverating speech				Criteria Present	Risk of Significant Intracranial Injuries	Re	commendation
			MD	0	Low	СТ	not necessary
			CALC	>0	High	СТ	necessary

## **CT findings**

- Type of bleed
- Skull fracture
- Size of bleed
  - Diameter, volume
- Midline shift
- Edema
- Herniation





## Brain Injury Guidelines (BIG)

- 2014, single institution
- AAST validated (2022)
- Risk of progression
  - BIG 1= 0% (0%)
  - BIG 2= 2.6% (0%)
- Reduced CT, admission, And NES consultation

	BIG 1	BIG 2	BIG 3
Neuro Exam (Abnormal = <u>Best</u> GCS <15 at time of classification, or focal deficit)	Normal	Normal	Abnormal
Intoxication (EtOH > 80 mg/dl, Suspicion of any non-EtOH substance abuse)	No	No/Yes	No/Yes
Coagulopathy [Pharmacological (anticoagulation, antiplatelets), Non- pharmacological (Abnormal TEG, cirrhosis, INR>1.4, thrombocytopenia <100)]	No	No	Yes
Skull fracture	No	Non-displaced	Displaced
Subdural Hematoma	≤4mm	5-7mm	≥8mm
Epidural Hematoma	≤4mm	5-7mm	≥8mm
Intraparenchymal Hemorrhage	≤4mm and 1 location	5-7mm and/or 2 locations	≥8mm and/or multiple locations
Subarachnoid Hemorrhage	"Trace" = ≤3 sulci	"Localized" =Single hemisphere	"Scattered" Bi- hemispheric
Intraventricular Hemorrhage	No	No	Yes
Midline Shift	No	No	Yes

All measurements/exact verbiage according to FINAL HCT

Patients must meet all criteria for categorization into BIG 1 or BIG 2. Failure to meet even 1 criterion (in BIG 1 or BIG 2) categorizes the patient into the BIG 3 category

Repeat HCT	No	No	Yes @6 Hours
Neurosurgical Consultation	No	No	Yes
Hospitalization	6 hour observation	Yes, 24 hour observation	Yes
Neurocheck Frequency	Q2	Q4	Q1 (until otherwise specified by NSG)
	GCS 15 (or	GCS 15 (or	
	baseline), Neuro	baseline), Neuro	
Discharge Criteria	Intact	Intact	NA
Discharge Criteria	Intact	Intact	NA

WTA 2013 PLENARY PAPER

The BIG (brain injury guidelines) project Defining the management of traumatic brain injury by acute care surgeons

oseph, Bellal MD; Friese, Randall S. MD; Sadoun, Moutamn MD; Aziz, Hassan MD; Kulvatunyou, Narong MD; Pandit, i/raj MD; Wynne, Julie MD; Tang, Andrew MD; O'Keeffe, Terence MB, ChB; Rhee, Peter MD Yuthor Information @



#### Intracranial pressure (ICP)



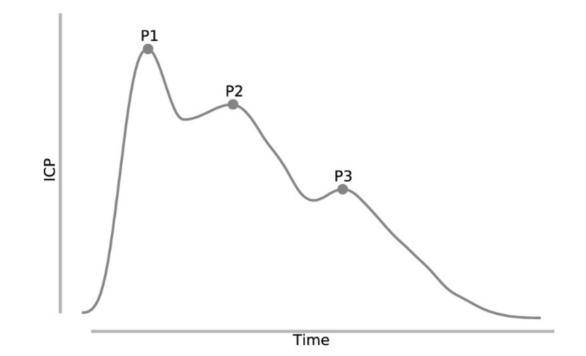
Image Credit: peterschreiber.media/Shutterstock.com





## **Intracranial Pressure**

- Pressure inside the skull = CSF Pressure
- Pulsatile signal, driven by cardiac cycle (3 peaks)
- ICP = 7–15 mm HG
  - normal adults
- Goals in ICU < 22 mm HG

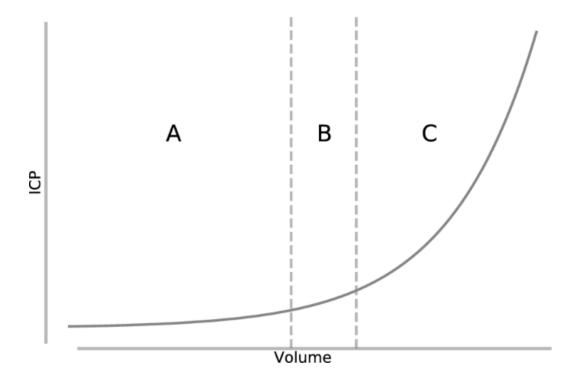






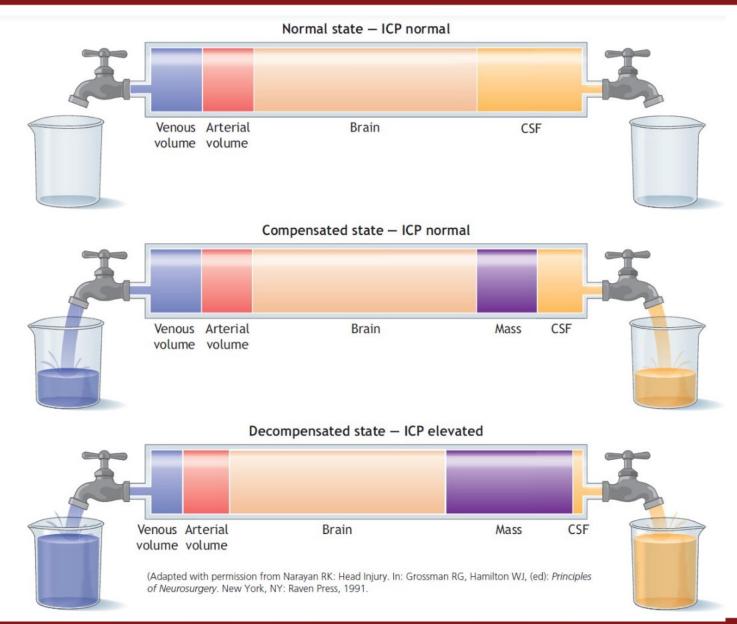
### ICP

- 3 components of intra-cranial space = CSF, Blood, and Brain
- Enclosed in a rigid skull/closed system
- Pressure/Volume are related
  - Any change in volume →
     increases your pressure











**ICP** 



### ICP

- Autoregulation
  - Vasodilation of arterioles (decrease CVR)
  - Increase arterial blood pressure
  - \* All work to increase CBF  $\rightarrow$  ultimately increase ICP too

$$CBF = \frac{MAP - ICP}{CVR}$$

CBF= Cerebral blood flow MAP= Mean arterial Pressure ICP= Intracranial Pressure CVR= Cerebrovascular resistance







• Simplified

## CPP = MAP - ICP

- Goal CPP 60-70
- Elevated ICP → Decreased CPP → Ischemia/Herniation →
   Disability or Death
- Elevated ICP  $\rightarrow$  Increase mortality and poor outcomes

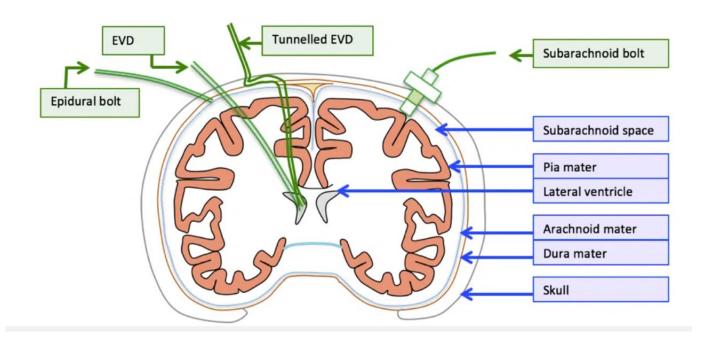




## Ways to monitor ICP

- EVD
  - Catheter placed into the ventricle
  - Monitor and drain CSF
  - Gold standard \*
- Fiberoptic probe = bolt
  - Varying locations
  - Only monitors ICP
  - Lower risk that EVD

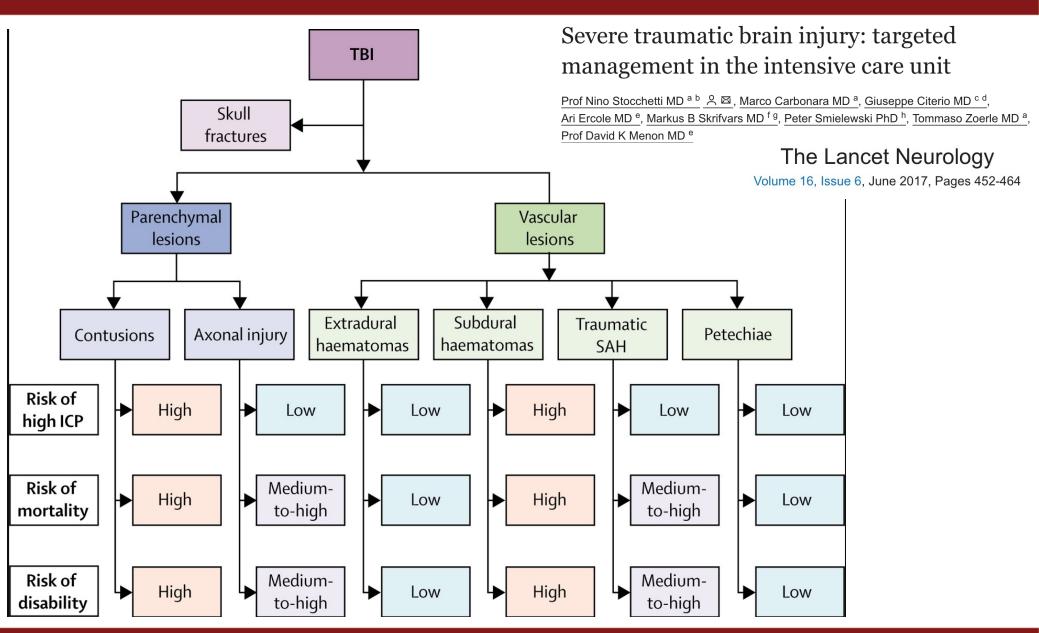




TeachMe

Surgery

Health







## Special populations Elderly patients

- Increased comorbidities
- Anticoagulation
- Poly-pharmacy  $\rightarrow$  Increases falls
- Less brain reserve
- Baseline neurocognitive issues
- Increased risk of SDH
- Low velocity injuries (differ from younger patients)
- <u>Poorer outcomes higher mortality</u>









Garrett Yee; Ashika Jain

#### **GOALS OF TREATMENT**





#### **Guidelines for TBI Management**

- Brain Trauma Foundation
- Western Trauma Association

Many recommendations low-quality evidence

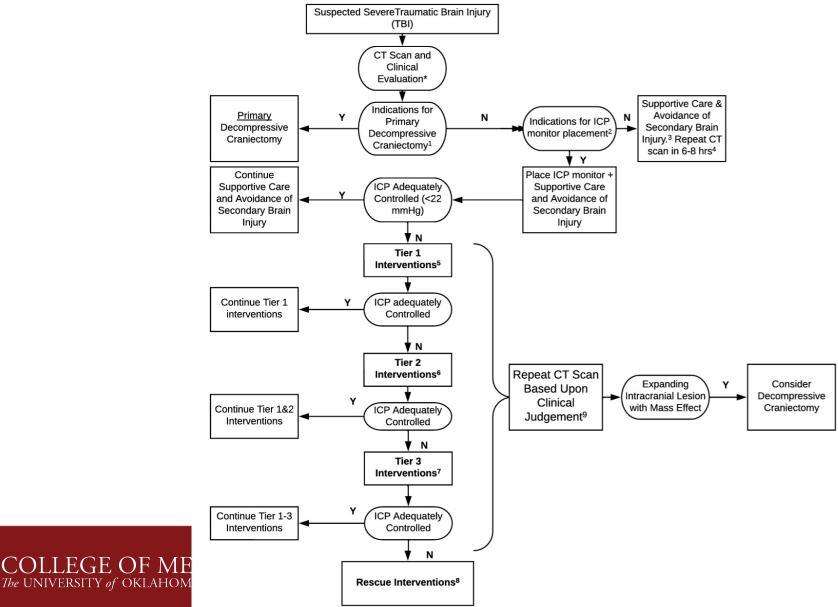




#### **Goals of TBI Management**



Health



## Goals of TBI Management Supportive Care



Standard trauma care	Control of hemorrhage	Correction of coagulopathy	Resuscitation, electrolyte management	
Elevate HOB	Normotension	Sats > 90%	Normo-carbia	
Avoid hyperpyrexia	Prevention of hyponatremia	Prevent hypoglycemia and treat hyperglycemia	Early nutrition	
Prevention of Sedation/Pain Seizure prophylaxis				
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#### TBI management algorithm Tier 1



## Additional sedation

## Drainage of CSF





## TBI management algorithm Tier 2



## Hyperosmolar therapy

#### Paralysis





#### TBI management algorithm Tier 3



# Barbituates?





#### TBI management algorithm Rescue Strategies



#### Decompressive Craniectomy

#### Experimental therapy





#### **Additional therapies**

Propranolol

#### Beta-Blocker Therapy in Severe Traumatic Brain Injury: A Prospective Randomised Controlled trial

Hosseinali Khalili. World J Surgery 2020; 44:1844-1853. https://doi.org/10.1007/s00268-020-05391-8

TXA

Effects of tranexamic acid on death, disability, vascular occlusive events and other morbidities in patients with acute traumatic brain injury (CRASH – 3): a randomised, placebo-controlled trial

The CRASH-3 trial collaborators. The Lancet, 2019; doi.org/10.1016/S1040-6736(19)32233-0





#### ICP monitors – who?

- Current guidelines- BTF (level 2 evidence)
  - GCS < 8
  - Abnormal head CT
  - Two of more: age >40 years, posturing, SBP < 90</li>







#### ICP monitors – who?

- Current guidelines- BTF (level 3 evidence)
  - Progression on repeat CT scan
  - Brain swelling or absence of basal cisterns
  - Bifrontal contusions
  - Unable to follow neuro exam (pause sedation)







#### **ICP monitors – complications**

- Bleeding
- Infection
- Technical
- Over-drainage
- False readings





#### ICP monitors – Do we need them?

• What we know-- Elevated ICPs  $\rightarrow$  lead to worse outcomes - We can treat elevated ICPs

- What we need to know Does treating elevated ICPs improve outcomes?
- \* Some Experts equate ICP monitors to PA catheters



September 27, 2023

Intracranial Pressure Monitoring in Traumatic Brain Injury—A Tool of the Trade or One That Betrays Us?

Ruchira M. Jha, MD, MSc<sup>1</sup>

#### ICP monitors – Do we need them?

- BEST-TRIP (S. American trial)
  - -RCT
  - No difference in outcomes if ICP monitors were used versus clinical exam/repeat CT scans
  - No change in rates of craniectomy
  - Increased vent strategies, hyperosmolar therapy, and barbituates



A Trial of Intracranial-Pressure Monitoring in Traumatic Brain Injury

This article has been corrected. VIEW THE CORRECTION

Authors: Randall M. Chesnut, M.D., Nancy Temkin, Ph.D., Nancy Carney, Ph.D., Sureyya Dikmen, Ph.D., Carlos Rondina, M.D., Walter Videtta, M.D., Gustavo Petroni, M.D., **48**, for the Global Neurotrauma Research Group<sup>\*</sup> Author Info & Affiliations

Published December 27, 2012 | N Engl J Med 2012;367:2471-2481 | DOI: 10.1056/NEJMoa1207363

#### **ICP monitors – the FUTURE**

• Noninvasive methods





- Considered for refractory elevated ICPs
- SDH
  - Diameter > 10 mm, Shift > 5mm (any GCS)
  - Diameter > 10 mm, Shift < 5mm, AND Worsening GCS</p>
- EDH
  - > 30 cm^3 (any GCS)
- IPH
  - GCS 6-8, midline shift > 5mm and > 20 cm^3
  - Controversial \*
- Rarely SAH, DAI







- RESCUE-ICP
  - MCT, RCT
  - Severe TBI, refractory elevated ICP
  - Decreased mortality
  - Increased survival to vegetative state
  - No difference in time to death or discharge between groups



#### Trial of Decompressive Craniectomy for Traumatic Intracranial Hypertension

Authors: Peter J. Hutchinson, Ph.D., F.R.C.S. (SN), Angelos G. Kolias, Ph.D., M.R.C.S., Ivan S. Timofeev, Ph.D., F.R.C.S. (SN), Elizabeth A. Corteen, M.Sc., Marek Czosnyka, Ph.D., Jake Timothy, M.D., F.R.C.S. (SN), Ian Anderson, F.R.C.S. (SN), +16, for the RESCUEicp Trial Collaborators<sup>\*</sup> Author Info & Affiliations

Published September 22, 2016 | N Engl J Med 2016;375:1119-1130 | DOI: 10.1056/NEJMoa1605215

- DECRA
  - MCT, RCT
  - Similar mortality
  - Increased "unfavorable outcomes"
  - Decreased ICU LOS
  - No difference in HLOS
  - Decrease elevated ICP

#### Decompressive Craniectomy in Diffuse Traumatic Brain Injury

#### This article has been corrected. VIEW THE CORRECTION

Authors: D. James Cooper, M.D., Jeffrey V. Rosenfeld, M.D., Lynnette Murray, B.App.Sci., Yaseen M. Arabi, M.D., Andrew R. Davies, M.B., B.S., Paul D'Urso, Ph.D., Thomas Kossmann, M.D., Jennie Ponsford, Ph.D., Ian Seppelt, M.B., B.S., Peter Reilly, M.D., and Rory Wolfe, Ph.D., for the DECRA Trial Investigators and the Australian and New Zealand Intensive Care Society Clinical Trials Group\* Author Info & Affiliations

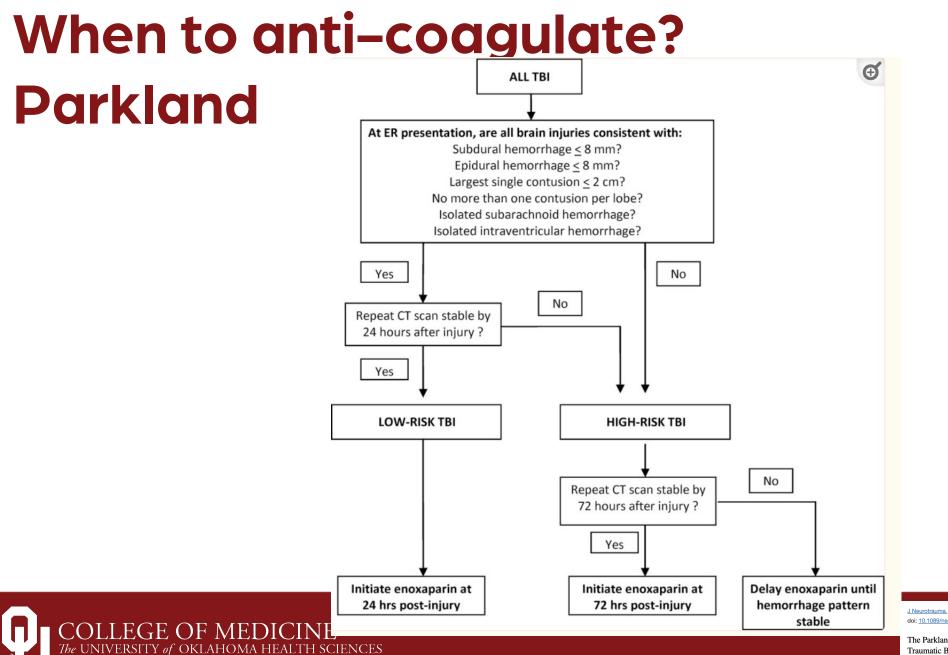
Published April 21, 2011 | N Engl J Med 2011;364:1493-1502 | DOI: 10.1056/NEJMoa1102077 | VOL. 364 NO. 16



- Sometimes we have good outcomes
- Patients who get craniectomy for refractory ICPs may not have good outcomes







<sup>&</sup>lt;u>J Neurotrauma.</u> 2014 Oct 15; 31(20): 1737–1743. doi: <u>10.1089/neu.2014.3366</u>

PMCID: PMC4180120 PMID: <u>24945196</u>

The Parkland Protocol's Modified Berne-Norwood Criteria Predict Two Tiers of Risk for Traumatic Brain Injury Progression

Rachel A. Pastorek,<sup>1</sup> Michael W. Cripps,<sup>2</sup> Ira H. Bernstein,<sup>3</sup> William W. Scott,<sup>4</sup> Christopher J. Madden,<sup>4</sup> Kim L. Rickert, Steven E. Wolf,<sup>2</sup> and Herb A. Phelan<sup>ff2</sup>

• All patients on therapeutic anticoagulation should be considered for reversal in the setting of life-threatening bleeding





Oral Anticoagulants			
Vitamin K Antagonist	Reversal	Monitoring	
<ol> <li><u>Warfarin</u></li> <li><u>Tecarfarin</u></li> </ol>	First Line: Plasma Prothrombin Complex Concentrate (PCC)• See chart below (pg.2)• Target: INR <1.6 within 4 hours of arrival1. Stop Warfarin 2. Vitamin K PO or IV 3. 4 Factor PCC (KCentra) from pharmacy	<ul> <li>INR obtained 30m after infusion/reversal</li> <li>Consider TEG</li> </ul>	
	<u>Second Line:</u> <ul> <li>Fresh Frozen Plasma (low in Factor IX)</li> <li><u>consideration only, if need</u></li> <li>volume</li> <li>variable effects, slower reversal</li> </ul>		
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Warfarin Reversal Chart				
INR > 1.5	Clinical Scenario	Management		
CNS Bleeding	Stable	Stop Warfarin until INR therapeutic		
	Rapid Reversal Needed	Stop Warfarin		
		Vitamin K 10 mg Oral or 10 mg IV not to exceed		
		1 mg/min. X1		
		4 Factor PCC (Kcentra): 1500U IVP x1		
		If use FFP 10 – 15 ml/kg		
No CNS	Stable	Stop Warfarin until INR therapeutic		
Bleeding	Rapid Reversal Needed	Stop Warfarin		
		Vitamin K 10 mg oral or 10 mg IV not to exceed 1		
		mg/min. X1		
		4 Factor PCC: 1000U IVP x1		
		If using FFP 15-30 ml/kg		

Health TRAUMA ONE



Direct Thrombin Inhibitor	Reversal	Monitoring
1. <u>Dabigtran (Pradaxa)</u>	<ul> <li><u>First Line:</u> <ul> <li>Idaracuizamab (Praxbind) from pharmacy</li> <li>Dose: 2.5g IV bolus x2 (total dose 5g)</li> <li>No more than 15 minutes apart for medication administration</li> </ul> </li> <li><u>Second line:</u> <ul> <li>FEIBA or rFVIIa (from pharmacy)</li> <li>FEIBA 50 units/kg IV (maximum dose 5000 units)</li> </ul> </li> </ul>	Qualitative-aPTT, thrombin time obtained 30m post-infusion

**Q** Health TRAUMA ONE



Factor	Xa Inhibitors-Direct	Reversal	Monitoring
2. 3. 4.	<u>Ribaroxaban (Xarelto))</u> <u>Apixaban (Eliquis)</u> <u>Edoxaban (Lixiana,</u> <u>Sayvasa)</u> <u>Betrixaban</u> <u>Darexaban</u>	<ul> <li><u>CNS Bleed:</u> <ul> <li>4 – Factor PCC (KCentra): 25-50U/kg IVP x1 (maximum dose 5000units)</li> </ul> </li> <li>No CNS Bleed: <ul> <li>4-Factor PCC : 2000U IVP x1</li> </ul> </li> <li>If 4F-PPC not available: <ul> <li>aPCC (FEIBA) 50 units/kg IV (maximum dose 5000 units)</li> <li>Contact pharmacy to discuss use of coagulation factor Xa (recombinant), inactivated-zhzo (<i>Andexxa</i>)</li> <li>Nephrology Consult</li> </ul> </li> </ul>	Anti - Xa Assay (obtain prior to reversal attempts, and 30 minutes after administration)





Antiplatelet Agents	Reversal		Monitoring		
1. ASA 325 mg	<ul> <li>DDAVP 0.3mcg/kg IV x1</li> <li>Platelet transfusion</li> </ul>		TEG w/ Platelet Mapping		
<ul> <li>2. Adenosine diphosphate receptor antagonist: <ul> <li>a. Clopidogrel</li> <li>(Plavix)</li> </ul> </li> <li>b. Ticlopidine <ul> <li>(Ticlid)</li> <li>c. Prasugrel</li> <li>(Effient)</li> <li>d. Ticagrelor</li> <li>(Brilinta)</li> <li>e. Dipyridamole</li> <li>(Persantine/Aggr enox)</li> </ul> </li> </ul>	<ol> <li><u>Standard:</u> <ol> <li>Platelet transfusion <u>Consider:</u></li> <li>Severe cases of ICH:                 <ul> <li>If platelet count &lt; 100k or</li></ul></li></ol></li></ol>		If DDAVP/platelets transfused, recheck TEG w/ Platelet Mapping after each intervention If platelet dysfunction is suspected, transfuse platelets and consider cryoprecipitate		

**Q**Health TRAUMA ONE



#### Prognostication

TRACK-TBI

#### Functional Outcomes Over the First Year After Moderate to Severe Traumatic Brain Injury in the Prospective, Longitudinal TRACK-TBI Study

Michael A. McCrea, PhD<sup>1</sup>; Joseph T. Giacino, PhD<sup>2,3,4</sup>; Jason Barber, MS<sup>5</sup>; <u>et al</u>

- Largest prospective observational study
- GCS/DRS assessed @ 2 weeks, 3/6/12 months

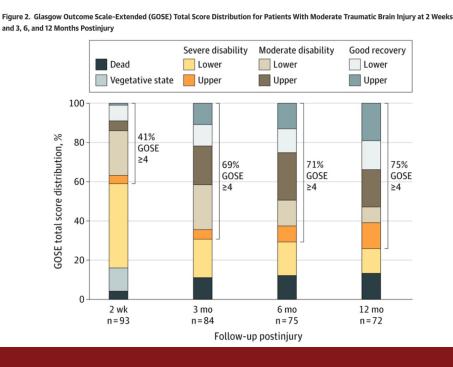
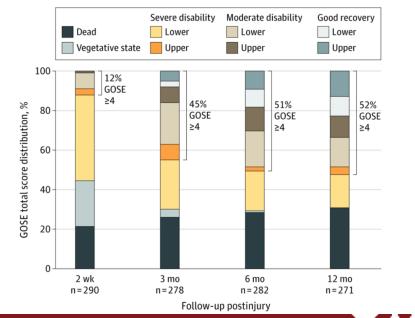


Figure 1. Glasgow Outcome Scale-Extended (GOSE) Total Score Distribution for Patients With Severe Traumatic Brain Injury at 2 Weeks and 3, 6, and 12 Months Postinjury



#### Prognostication

Functional Outcomes Over the First Year After Moderate to Severe Traumatic Brain Injury in the Prospective, Longitudinal TRACK-TBI Study

Michael A. McCrea, PhD<sup>1</sup>; Joseph T. Giacino, PhD<sup>2,3,4</sup>; Jason Barber, MS<sup>5</sup>; et al

• Careful making early, definitive statements





#### **Take Home Points**

- TBI most common cause of death/disability following injury
- Standard approach to assessing patients in ED
- Consider BIG guidelines
- Algorithm for TBI management (vary and institutional)
- Communication between ICU and NES team critical
- ICP monitors/Craniectomy remains controversial
- Anti-coagulate per Parkland
- Reverse anticoagulation for life threatening bleeding
- Careful with early prognostication







#### **QUESTIONS?**