

# presence



THE

*Giving*

Back

ISSUE

**2015 REPORT TO THE COMMUNITY**

**THE GIFT OF LIFE**  
Kidney Donor Shares His Story

**VOLUNTEERING AT XAVIER MEDICAL CLINIC**

**SAINT FRANCIS AUXILIARY**  
Finding Special Ways to Serve



3 2015 Report to the Community

The Saint Francis Auxiliary  
From the beginning

12

Saint Francis Health System

## Calendar of Events

SATURDAY, MAY 21

### Bear Clinic at Tulsa Mayfest

Mayfest Kids Zone, 6th and Main, 11:00 am – 2:00 pm

During this free event at Tulsa's Mayfest, kids will decorate their own mini-bear toy and take it through the Bear Clinic hosted by The Children's Hospital at Saint Francis.

For more information visit [tulsamayfest.org](http://tulsamayfest.org).

THURSDAY, JUNE 2

### Saint Francis Medical Town Hall

Saint Francis Education Center • 6161 South Yale, east side of the hospital, 6:00 – 7:30 pm

Join orthopedic surgeon **Dr. Ryan Gursky** and the team from the **Saint Francis Joint Replacement Center** to learn more about maintaining bone and joint health, arthritis and other orthopedic concerns. Dr. Kenneth Piper will moderate.

For more details, visit [saintfrancis.com](http://saintfrancis.com). To make a reservation for this free event, call (918) 494-1448 or email [events@saintfrancis.com](mailto:events@saintfrancis.com)

JUNE 10-12

### Saint Francis Tulsa Tough

Join us for this three-day cycling festival in and around downtown Tulsa.

For more information and a complete schedule of events, please visit [tulsatough.com](http://tulsatough.com).

## A MESSAGE FROM THE CHAIRMAN



*In our daily lives, each of us reveals a part of who we truly are by what we do and how we do it.*

**Our actions**, often more than our words, give a glimpse into who we are at our core. The same could be said of organizations. Yes, Saint Francis Health System is a company that gives back to its community, but it also lives its mission through countless acts of service both toward their patients and their community. In word and deed, Saint Francis Health System exists for others.

We were given eyes to see and ears to hear—it is up to us to see and hear the needs of those around us and respond accordingly with our God-given talents. I would like to thank the women and men of Saint Francis Health System for their continued support and dedication to the mission of the health system. Without the thousands of people called to this ministry of healing, Saint Francis wouldn't be the organization it is today. To the leadership, employees, physicians and volunteers—thank you. May the spirit of Saint Francis continue to be a blessing to both the organization and to the community at large.

**John-Kelly C. Warren**

Chairman, Saint Francis Health System  
Board of Directors

At Saint Francis, community benefit takes many forms, in many settings. Inside its facilities, Saint Francis provides care at no charge to people who don't have health insurance or who qualify for charity care due to inability to pay. In the region, Saint Francis supports and/or makes donations and in-kind contributions to organizations that help people who are poor or underserved.

See page 3 to learn more about the ways Saint Francis Health System brought its mission to life in fiscal year 2015.

### Saint Francis Health System Board of Directors

John-Kelly C. Warren, *Chairman*  
Judy Kushner, *Vice-Chair*  
Jake Henry Jr.  
Michael Case  
Michael Cooke, J.D.  
Brent Dennis, M.D.  
William R. Lissau  
Charles McEntee, M.D.  
Sanjay Meshri  
Scott Thompson  
Debbie Zinke

### Saint Francis Health System Executive Council

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Barry Steichen  
*Executive Vice President/Chief Operating Officer*

Tom Neff  
*Senior Vice President/Strategic Planning and Corporate Business Development*

Eric Schick  
*Senior Vice President/Chief Financial Officer*

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Lynn Sund  
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David Weil  
*Senior Vice President and Administrator, Saint Francis Hospital South*

William Schloss  
*Senior Vice President and Administrator, Laureate Psychiatric Clinic and Hospital*

Charley Trimble  
*Senior Vice President/Operations, Warren Clinic*

Steve Sanders, D.O.  
*Vice President/Medical Affairs, Warren Clinic*

On the Cover: From left, Saint Francis volunteers Jerri Williamson and Savannah Nicks, along with pet therapy pooch, Harley Davidson

14 Stories of Saint Francis Health System Volunteers  
"Random acts of giving" throughout the health system

22 "Game Changer" Gives Back to The Children's Hospital  
Patient "plays" it forward with fundraising efforts

24 Giving of One's Self: Kidney donor follows his heart

26 Saint Francis Kidney Transplant Program  
Transforming the lives of many

Xavier Medical Clinic Volunteers  
The more they give, the more they receive

28





## A LETTER FROM JAKE HENRY JR.

*President and Chief Executive Officer,  
Saint Francis Health System*

The theme of this issue of *Presence*, giving back, expresses an ideal that is core to the mission of Saint Francis Health System—to extend the presence and healing ministry of Christ in all we do. Giving back is something we not only support as an organization, but an imperative that is embodied by the entire Saint Francis community. You will read about the many ways people in the Saint Francis community go about spreading the light of Christ in their daily lives. From the selfless support of the Saint Francis volunteers to the true gift of self by organ donors, you will get a glimpse of the spirit of giving that has been part of this health system since our founding in 1960.

In this issue, I am also pleased to share with you our 2015 Community Benefit Report. As a Catholic healthcare provider we have a duty to foster meaningful community relationships, as it is through these relationships—relationships with patients, with like-minded charitable organizations and in particular, with the poor—that the work of Catholic hospitals is given deeper meaning and purpose. Catholic healthcare organizations were established to address the unique health of the communities they serve—they were born out of community need and this is a tradition we are proud to continue.

Against a backdrop of concern about healthcare and payment reform, when many health systems are looking to trim community offerings or reduce their charitable subsidies, Saint Francis Health System has set a generous standard for helping to provide services to the poor and vulnerable among us with the city’s most comprehensive charity program for those facing financial hardships. In fiscal year 2015, Saint Francis Health System provided \$81,190,910 in community benefit. I am pleased that Saint Francis has achieved another year of quietly contributing to this region through the fulfillment of our mission.

In closing, I would be remiss if I didn’t mention the recent activity related to cuts in Medicaid funding in Oklahoma. Serving the interests of the marginalized—advocating for those that politically have no voice—are the primary reasons that have prompted the Saint Francis Health System to loudly and boldly support Medicaid expansion in this state. Furthermore, any cuts to Medicaid in Oklahoma would have catastrophic effects, such as nursing homes and rural hospitals closing their doors, forcing patients to find alternate care further from home. On any given day some 65 percent of the patients in the Children’s Hospital at Saint Francis and 31 percent of our Trauma Emergency Center are Medicaid patients. Cutting Medicaid funding affects all Oklahomans, not just Medicaid patients. I urge you to contact your representatives and senators when Medicaid funding is at risk, and verbalize your support for a fully-funded and expanded Medicaid program—lives and jobs hang in the balance.

Best regards,

**Jake Henry Jr.**

*President and Chief Executive Officer,  
Saint Francis Health System*



2015 REPORT TO THE

# COMMUNITY

**Community benefit** is defined as programs and services offered by healthcare providers that are designed to improve the health of a community, increase access to healthcare or to advance public knowledge on issues impacting health and wellness. Providing these benefits are core functions of non-for-profit healthcare and the basis of their tax exemption. Saint Francis seeks to not only meet these core functions, but to exceed them whenever possible.



FOR THE FISCAL YEAR ENDING JUNE 30, 2015  
SAINT FRANCIS HEALTH SYSTEM PROVIDED

# \$81,190,910

IN COMMUNITY BENEFIT—CONTINUING  
ITS 55 YEAR TRADITION OF BENEVOLENCE  
INSTITUTED BY ITS FOUNDERS,  
MR. AND MRS. WILLIAM K. WARREN, SR.

\$50,348,536

was provided in charity care.

\$18,900,375

was provided in uncompensated  
care related to the treatment of  
Medicaid patients.

\$4,847,415

was donated to local nonprofits  
whose values are aligned with  
Saint Francis Health System; this  
number also includes payments  
made to organizations that  
provide assistance to persons  
seeking access to or enrollment  
for healthcare benefits.

\$7,094,584

was allocated to provide  
emergency services to the region—  
including the Saint Francis Trauma  
Institute—Tulsa's only trauma  
service that offers in-house, round-  
the-clock coverage by surgical  
intensivists to meet the needs of  
the community.



## \$82 MILLION

LOCALLY PURCHASED SUPPLIES AND SERVICES

As Tulsa's only locally owned and  
operated health system, Saint Francis  
is proud to support other Oklahoma  
businesses. Supporting other businesses  
who employ Oklahomans and contribute  
to the local and regional economy is not  
only good for local businesses, it's good  
for Oklahoma.

## \$1.9 BILLION

IMPACT ON THE TULSA REGIONAL  
ECONOMY AS REPORTED BY THE TULSA  
REGIONAL CHAMBER

“LORD, TEACH ME TO **BE GENEROUS;**  
TEACH ME TO SERVE YOU AS YOU DESERVE.”

- St. Ignatius of Loyola





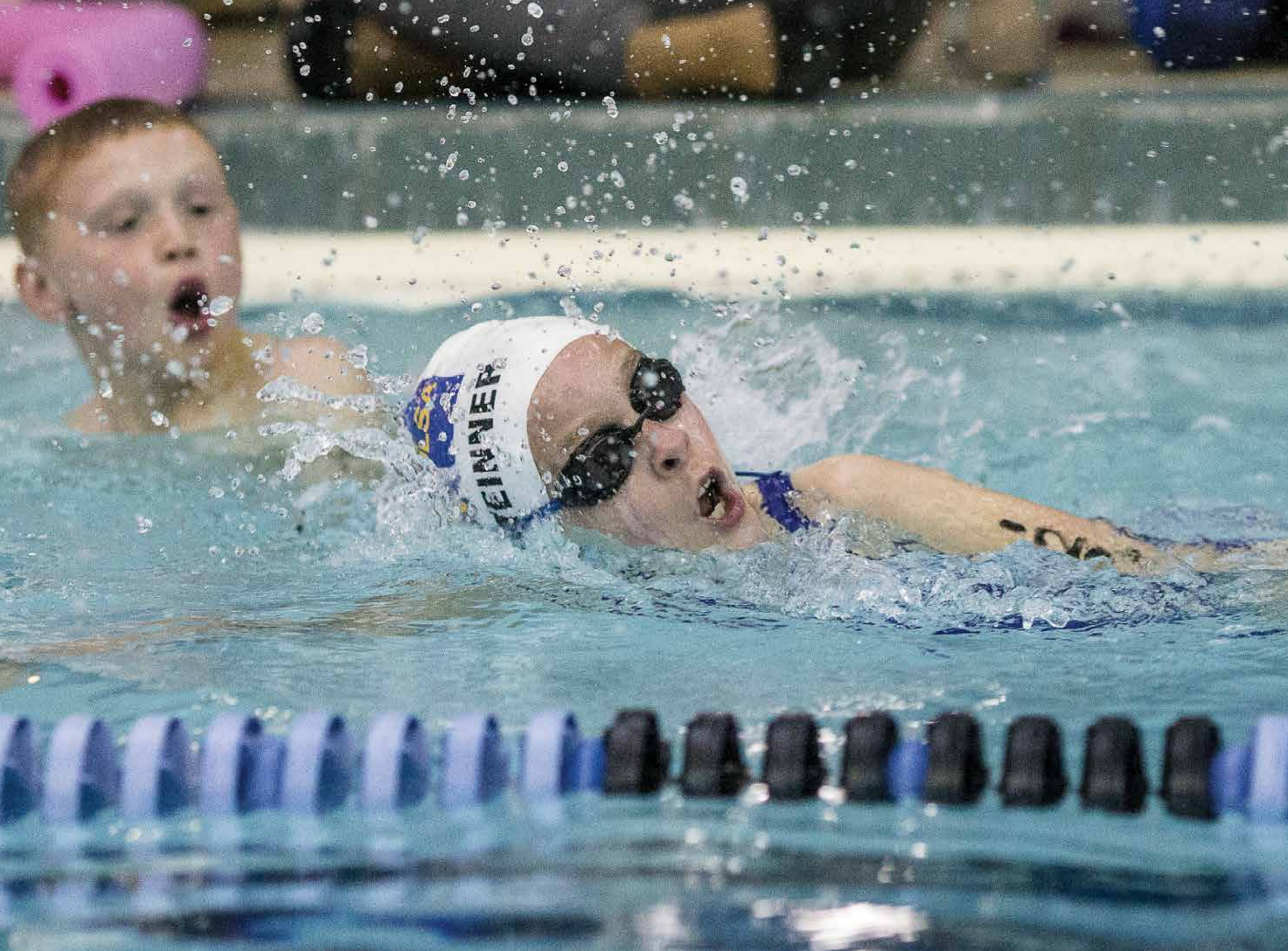
### Ashes to Ashes

Patients, visitors and employees gathered on Ash Wednesday at the Saint Francis Hospital Chapel to begin the season of Lent by receiving the traditional ashes. Applied to the forehead in the shape of a cross, the ashes are made from blessed palm branches from the previous year's Palm Sunday mass and symbolize the dust from which God made us, as well as our need for penance.

*Left: Rev. Paul Kodarakaran  
with Mollie Morehead, Clinical  
Dietitian*







presence  
in pictures

### **And They're Off!**

On Saturday, March 5, more than 100 kids between the ages of six and 13 took part in the third annual Kids (mini) Triathlon held at the Health Zone at Saint Francis. The event gave young participants the opportunity to compete in swimming, cycling and running activities as family, friends and Health Zone staff and members cheered them on. Since the first kids triathlon event two years ago, it has quickly established itself as a local favorite for kids to share in a bit of friendly and fun competition.

For more information on Health Zone's activities for families and children, please visit [saintfrancis.com/healthzone](http://saintfrancis.com/healthzone) for more details.







presence  
in pictures

### Take Me Out for the First Pitch!

It was all smiles and thumbs up following Shelly Hawk's ceremonial first pitch at the Saint Francis Cancer Survivors Night with the Tulsa Drillers. To commemorate the special moment, the Saint Francis Hospital South labor and delivery manager posed for a "selfie" with Drillers catcher, Spencer Navin.

For over a decade, the Saint Francis Cancer Survivors Night has proven to be a festive night for cancer survivors who have received treatment at the Saint Francis Cancer Center and The Children's Hospital at Saint Francis.







# THE SAINT FRANCIS Auxiliary

## *Coming Together at the Beginning...*

**On July 7, 1960—while her husband was immersed in the final stages of opening the new hospital—Natalie Overall Warren invited 22 friends to coffee. From this auspicious gathering nearly 56 years ago, the Saint Francis Hospital Auxiliary was born— a volunteer group that would grow to 180 before the hospital opened several months later.**

**F**ollowing the initial meeting, a planning committee comprised of a cross section of women from Tulsa, Broken Arrow and Sapulpa met on July 21 to formulate plans for the Saint Francis Hospital Auxiliary. When at long last the new hospital opened on October 1, 1960, the group of volunteers was fully organized and at the door greeting people and answering questions.

Thanks to Mrs. Warren's guidance and the group's enthusiasm, the Saint Francis Hospital Auxiliary earned the distinction of being the first auxiliary in the nation to have been completely organized and ready to function the day the hospital opened its doors.

## *Keeping Together is Progress...*

The Auxiliary group started with the cheer cart, admissions, mail, flowers, photo services and the gift shop. The gift shop, a gift from Natalie to her new army of volunteers, today plows about \$1 million back into the hospital annually.

Since the initial Saint Francis Hospital Auxiliary was first established, additional volunteer groups have also been established at Laureate Psychiatric Clinic and Hospital, Hospice and Saint Francis Hospital South.

## *Working Together is Success...*

Today, approximately 700 women and men volunteer and serve throughout Saint Francis Health System. Under the guidance of Rebecca Darrow, director of Volunteer Services, this remarkable group donated over 119,000 hours of service, equating to a savings to the health system of over \$2,344,250 for 2015 alone.

Reflecting back on the Saint Francis Auxiliary's history, there simply isn't enough room in this publication to recount the long list of contributions, donations and "random acts of kindness" for which it is known—within the health system, as well as throughout the community.

Yet, this is for certain: From the beginning, the esteemed members of the Saint Francis Health System Auxiliary group have devoted many hours of their free time to make patients and visitors as comfortable as possible. These volunteers have contributed so much more than money to the areas in which they serve. They open up their hearts and give of their time and talent to people who need a reassuring word or smile.

*Isn't it nice to know  
SOME THINGS will always  
remain the same?*



Sisters of the Adorers of the Most Precious Blood, members of the Saint Francis Auxiliary and Mrs. Natalie Warren (far right) admire a display of specially designed Saint Francis volunteer dolls.



Spreading

COMFORT



WARMTH

**Jai East-Dunn** believes the power of an ordinary person is extraordinary. And, as a volunteer at Saint Francis Hospital, she relishes the opportunity to put this tenet to the test and shine at every turn.

When East-Dunn and her husband relocated from Los Angeles to Tulsa in 2013, she immediately signed up as a volunteer at Saint Francis Hospital. Since that time, she has worked in several areas including joint replacement, surgery family waiting and the main lobby of Saint Francis Hospital.

### *A Natural*

Volunteering comes naturally for East-Dunn; in fact, she started out as a candy striper when she was 14 years old. “I was raised to give back and to think about what we can do for others. There are so many opportunities to do that at Saint Francis. Regardless of where I am assigned, I always think to myself, ‘Wow—another great opportunity to spread comfort and warmth!’” she says. “Every person that enters this hospital has a story. We don’t

know why they are here or what they are dealing with. So, the best thing I can do is make sure they are well cared for during what might be a time of uncertainty and fear.”

### *Daily Inspiration*

Something else Jai East-Dunn believes? **“I believe if we could each inspire or give hope to just one other person each day, it would make the world a better place,” she says.**

It’s safe to assume East-Dunn achieves that goal and so much more as she spreads comfort and warmth throughout Saint Francis Hospital.

Jai-East Dunn

### *DID YOU Know?*



Approximately **700 volunteers** have given over **119,000 hours of service** to Saint Francis Health System. This contribution equates to a **savings of over \$2,344,250** to the health system in 2015.



FRONT DESK VOLUNTEERS

Put a Face on Saint Francis Hospital South

On any given Wednesday at Saint Francis Hospital South, you’re sure to see them. Stationed at the front desk in the hospital lobby, the three volunteers stand ready to help in any way they can. In fact, they were reluctant to step away to be interviewed in case they were needed and could not be found. That’s how seriously they take their job; yet, they also consider it to be “a whole lot of fun.”

**Anne Siegmier, Delores Webb and Tommie Manon** may be the first Auxiliary members one sees upon entering Saint Francis Hospital South, but the three ladies are quick to point out there are many other loyal volunteers working behind the scenes in other areas of the hospital, as well.

“We have a great group here—everyone really seems to enjoy what they do,” says Siegmier, whose history as a volunteer spans 39 years—30 at the former Saint Francis Broken Arrow, and the past nine years at Saint Francis Hospital South.

Webb began volunteering in 2007, when Saint Francis Hospital South first opened its doors—whereas Manon’s volunteering career first began at Saint Francis Hospital, before she settled in at Saint Francis Hospital South five-and-a-half years ago.

### *Goal of Giving*

While the reasons for volunteering can vary, the goal is always the same—to help others. In Webb’s case, she felt called to volunteer at a difficult time in her life. “I’d just lost my husband and felt very lonely,” she says. “I immediately signed up to volunteer. It’s been ideal. It is something I would encourage anyone to do. Being able to help others has helped me get out of myself and truly count my blessings.”

As for Siegmier, volunteering has been a part of her life for as long as she can remember. “Volunteering is a way of life for me,” she says. “When I was young, I volunteered at nursing homes, libraries—you name it! It is a natural for me and

something I enjoy so much!”

Manon’s interest in volunteering at Saint Francis Hospital South was sparked following a short stay her husband spent at the hospital. “I really liked what I saw. It’s been great—I love the one-on-one time with patients. In fact, one of my favorite duties is delivering their newspapers in the morning. It gives me a chance to get around the hospital and meet people,” she says. “As volunteers, we try to make someone’s day brighter. That’s always my prayer before I show up for duty.”

From left: Delores Webb, Tommie Manon and Anne Siegmier







SEEING  
is  
BEING

Bill DeLaney

**F**or Bill DeLaney, the decision to become a Saint Francis volunteer was easy.

“My wife was a patient at Saint Francis Hospital for 63 days. That gave me plenty of time to see firsthand how sweet the volunteers were during her last days,” he says. “So, when she passed away, I knew I wanted to become a Saint Francis volunteer too. I wanted to give back in that same way and treat people with the care and respect we received.”

He began his volunteer career at Saint Francis Hospital in Outpatient Admit and Discharge (OPAD). “I jumped in and did whatever was needed—whether it was taking patients to their rooms in wheelchairs or making beds—just a little bit of everything,” he says.

After volunteering for about three-and-a-half years at the Saint Francis Hospital, DeLaney made the switch to the Warren Clinic at Tulsa Hills when it opened last summer. “There were a couple of reasons for that,” he says. “First, it is closer to my home and family; secondly, it was getting more difficult to push the wheelchairs due to a recent diagnosis of chronic obstructive pulmonary disease (COPD).”

*Plenty to Give*

As seems to be DeLaney’s way, put him anywhere and he will thrive—regardless of challenges he may face. Like clockwork, he reports to Warren Clinic at Tulsa Hills each week and concentrates his efforts on greeting patients and family members and escorting them to where they need to be.

“Volunteering gives me a reason to get up in the morning. I’d recommend it to anyone—in fact I have recommended it on several occasions,” he says.

“It was great at Saint Francis Hospital and it’s been just as fun at Warren Clinic at Tulsa Hills.”

*Thunderous Applause*

Clearly, this father of five; grandfather of 15; great-grandfather of 16; and great-great-grandfather of three has no lack of love in his life. Yet, DeLaney feels he has more to share and willingly gives it in his role as a member of the Saint Francis Auxiliary. “It makes me feel good to know I am helping people out,” he says. “Like I always say, I enjoy the thunder out of it!”

**G**lancing around the room of patients and family members, it’s abundantly clear all eyes are trained on one thing.... a 10-year-old schnauzer by the name of Harley Davidson.

*The Dog Has the Floor*

**Harley** has a way of stealing the limelight—which he does quite frequently—and Saint Francis volunteer **Jerri Williamson** (who is also his owner and trainer) couldn’t be more pleased.

“Harley is definitely the catalyst. I’ve experienced so many ‘hair-standing-up-on-your-arms’ moments in our work together,” she says. “It’s amazing to see the impact he has on people. I’ve seen patients go from sad and non-communicative, to all smiles and talkative when they see Harley’s scruffy little face. I remember a time when a patient was having his ‘vitals’ taken and as soon as he began petting Harley, his blood pressure immediately improved. There are so many stories like that—far too many to recount.”

Jerri Williamson and Harley greeting Dr. David Jennings at Saint Francis Hospital.

*Pet Therapy*

Williamson and Harley have been working together as a pet therapy team for over eight years—the past two at Saint Francis Hospital when they relocated from Oklahoma City to Tulsa. Pet therapy, defined as animal-assisted therapy that can help healing and lessen depression and fatigue, requires a special dog like Harley who is obedient and impeccably trained.

Williamson and Harley spread joy and comfort in several areas of Saint Francis Hospital including the Senior Specialty Care Unit and the Family Surgical Waiting Room.

As the first therapy dog for adult patients at Saint Francis, Harley is paving the way for other dogs to follow in his path. As the canine member of the Auxiliary, Harley sports his very own volunteer badge and attends the group’s monthly board meeting, as well as events such as the Christmas party and awards luncheon. “The other volunteers just love him! He always puts a smile on everyone’s face,” Williamson says.

*A Special Kind of Ministry*

Williamson feels the joys of working with her dog at Saint Francis have been nothing short of amazing.

“I have met some of the most wonderful people who are often dealing with the most difficult circumstances during our service at Saint Francis Hospital,”

Williamson says. “Being a pet therapy volunteer here has been a ministry. I thank the Lord for giving me this dog who has the capacity to provide comfort to so many. Saint Francis has opened its heart and arms to both of us. Oh, and Harley agrees. He thinks it’s the best job any dog could ever have.”

Pet Therapy  
PROVIDES  
JOY & the best job  
a dog ever had







IT'S  
GOING TO BE  
*A Good Day!*

**W**hen Savannah Nicks puts on her scrubs every Tuesday, she knows it's going to be a good day.

"This may sound weird, but I love putting on my scrubs because it is a reminder of what I am getting ready to do," she says. What she is getting ready to do—and has joyfully done every Tuesday since last December—is volunteer at the Saint Francis Joint Replacement Center.

Nicks, who is a senior majoring in chemical engineering at The University of Tulsa, aspires to be a physician someday. "Ever since I was little, I have been interested in the medical field and becoming a doctor has always been my dream," she says.

Nicks is one of 84 other college-age students who volunteer throughout Saint Francis Health System. "Whether they want to become a doctor or not, I'd encourage others to become a volunteer," she says. "This may sound like a bit of a cliché but for me personally, being a volunteer contributes to my overall happiness.

**I love the one-on-one interactions with patients and their families.**

Helping to make sure their needs are being met, as well as just listening to them and learning their history has been more rewarding than I even expected!"

Savannah Nicks

Saint Francis volunteers range from 14 to 92 years of age, with each group making its own unique contribution. "The interactions and friendships that develop between our volunteers—regardless of their age differences—is a wonderful thing to see," says Rebecca Darrow, director of Volunteers Services. "Saint Francis is so blessed to have such a dedicated and diverse group of volunteers."

Saint Francis Health System  
*Auxiliary Accolades*

In fiscal year 2015, the amazing Saint Francis Health System Auxiliary group collectively contributed over \$659,000 in donations to the hospital, as well as to the Tulsa community. Specific donations and activities included:

- four Xenex sanitizing robots;
- contributions to the Nursing Scholarship Program; and
- hosts of Kids Are Special People Day (KASP): an annual educational and fun event geared specifically to third grade students within the surrounding area.



a  
MENTALITY  
for VOLUNTEERING

Arleen Stegge

**Arleen Stegge** laughs when she says it was time to get out and volunteer when she found herself yelling at the people on the TV show, "The Price is Right."

In truth, what really drives Stegge is the fact that volunteering and helping others have been in her blood since her childhood. "I come from a family of Irish immigrants who settled in Boston and something that was instilled in me from early on was to do my part and help out in any way I could. To this day, I'm grateful for that mentality," she says.

*A Special Role at Laureate*

It didn't take Stegge long to find her niche as a volunteer with the Eating Disorders Unit at Laureate Psychiatric Clinic and Hospital. For almost four years now, she has served as co-chair of the Eating Disorders Family Week (which takes place one week of every month). In this role, she helps set up the food and snacks, as well as ensure activities go smoothly throughout the week. But, equally as important, she makes sure she is available to help family members in any way she can.

"In some cases, the patients have feeding tubes as part of their treatment and, understandably, this is tough for Mom and Dad or other family members to see. I think it helps to have a layperson around who is not involved in the treatment—someone who can just talk to them and offer some reassuring words," Stegge says. "I tell them about the excellent care their loved one is receiving and of the many patients who have recovered and returned to healthy, normal lives. I think it helps them. It means the world to me to be there for the families and try my best to be of use to them."

*Each Day is Different*

In addition to her duties as co-chair of the Eating Disorders Family Week, Stegge volunteers every other Monday at Laureate's outpatient desk, as well as serves on the Laureate Advisory Board.

**"I've loved every minute of my work at Laureate—and, I intend to keep volunteering there until they run me off!"** she says. "It has been so rewarding and I find that every single day is different."





# AN ACT of Love

**Terry Underwood's** tireless enthusiasm is infectious. And, by all accounts, this well-known fact is as true today as it was 50 years ago when she first began volunteering at Saint Francis Hospital.

Not only is the 92-year-old volunteer's enthusiasm boundless, but her talents are, as well. For instance, despite Saint Francis Hospital's unprecedented growth over the past five decades, Underwood has never once gotten lost within its hallways and is always happy to point the way to visitors who may not share her acute sense of direction. And, in the hospital's nursery she's widely known as a top-notch "baby cuddler" with a certain knack for soothing even the fussiest of infants.

### *"Next Best Thing" is Best Decision*

She started her volunteer service at Saint Francis Hospital in 1966, when her youngest son went to kindergarten.

**"I had always wanted to be a nurse. That didn't happen, so I decided to do the next best thing," she says.**

"It's been one of the best decisions I've ever made. Every day, I report to work with the idea of helping someone in some way—and there are always many opportunities to do that. I always have a smile on my face and try to make a positive impact."

Terry Underwood

During her years as an Auxiliary member, Underwood has chalked up a whopping **38,000 HOURS OF SERVICE** and has served in a number of areas within the hospital including admitting, surgical, Outpatient Admit and Discharge (OPAD) and the Neonatal Intensive Care Unit (NICU) in The Children's Hospital at Saint Francis.

### *Life's "Work"*

Three days a week—come rain or shine—she dons the signature pink Saint Francis Volunteer uniform and heads to the hospital. "After all these years, I have met many people, made many friends and formed many memories," Underwood says. "I feel so blessed and thank God for the opportunity I have had as a volunteer at Saint Francis."

Don't think for a second Terry Underwood is entertaining the thought of hanging up her pink uniform for good. She has no plans of retiring from her beloved volunteer job and expects to keep doing what she has been doing for some time to come.

"We all say we want to be just like Terry Underwood when we grow up. She's so special—as are all of our volunteers. They selflessly give their talents, time and hearts, and all they want in return is the chance to make a difference," says Rebecca Darrow, director of Volunteer Services. "Saint Francis' group of volunteers is truly valued. It's gratifying to know that the contribution these wonderful people make is recognized and greatly appreciated throughout the health system."



SAINT FRANCIS

VOLUNTEER

Never Looks Back

Carmella Andreti with a Kids Triathlon competitor

**Carmella Andreti** readily admits she sobbed through New York, New Jersey and Pennsylvania when she and her husband relocated to Tulsa in 1961. Yet looking back, she is just as quick to admit moving here was one of the best things that ever happened to her.

**"I absolutely love it here," she says. "And, a big part of my life in Tulsa has been spent as a Saint Francis volunteer."**

The fact is, Andreti seems to find a great many things to love about her life. With a little "New York City attitude," mind you, she simply gets a "kick out of" the world around her and the people she meets along the way.

As a volunteer at the Health Zone at Saint Francis, as well as at Saint Francis Hospital South, Andreti finds many opportunities to shine her light on all who come her way. All told, she devotes three half-days a week as a Saint Francis volunteer. "I love the people I work with! Everyone is so nice and along the way, we've become very good friends," she says. "I've also really enjoyed all of the patients and family members I get to meet."

### *A Champion for Kids*

Her duties at Saint Francis Hospital South have included working in the Emergency Room, as well as at the front desk. At Health Zone at Saint Francis, she helps out on the computer, and volunteers at events such as the annual Kids Triathlon. In fact, at this year's event, she was responsible for handing out medals. "I get such a kick out of the kids," she says. "They try so hard. Have you seen the Health Zone's pool? That's a really big pool for the younger ones to tackle. But, they do! It's a wonderful thing to see—the kids having fun and their families cheering them on."

In terms of kids, Andreti knows a thing or two about them considering she has six grandchildren and three great-grandchildren—several of which live in the Tulsa area.

### *A Singular Path*

It's funny where life takes us. In the case of a "first-generation-Italian-Catholic-woman-from-New-York-City-named-Carmella-Andreti," it led to Tulsa and to a fulfilling career as a Saint Francis volunteer.

"If you can't enjoy yourself, what's the point? When I volunteer at Saint Francis Hospital South or the Health Zone, I always know it's going to be a good day. How could it not be?" she says. "Oh, and have I mentioned just how much I love the wonderful people at Saint Francis?"

For **more information** about **volunteering** at Saint Francis Health System, **please visit** [www.saintfrancis.com](http://www.saintfrancis.com) or call (918) 494-1150.



FUNDRAISING EFFORTS ARE A

# "GAME CHANGER"

AT THE CHILDREN'S HOSPITAL AT SAINT FRANCIS



Noah Haynes with child life specialist Elizabeth Sharp

FOR **NOAH HAYNES**, GIVING BACK TO OTHERS IS NO GAME. IT'S SERIOUS BUSINESS. NOT THAT THE 17-YEAR-OLD SPENDS MUCH TIME BEING SERIOUS; HE'S FAR TOO BUSY **ENJOYING HIS LIFE**. DIAGNOSED WITH CYSTIC FIBROSIS WHEN HE WAS 2 MONTHS OLD, 17-YEAR-OLD HAYNES HAS NEVER ALLOWED THE CONDITION TO DEFINE HIM.

## GAME ON!

As Haynes knows all too well, patients with cystic fibrosis are often required to spend time—sometimes up to a week or two—in the hospital receiving treatment. “There’s a lot of downtime with CF treatments and it can get pretty boring at times,” Haynes says. “I had a flare-up and was spending time at The Children’s Hospital at Saint Francis last summer when I noticed there weren’t any gaming systems around (like PlayStation and Xbox),” Haynes says. “They’d had games in the past, but some parts were missing. I started thinking maybe I could do something about that.”

Once Haynes—who is a junior at Broken Arrow High School—enlisted the help of his mom, Elizabeth—who is a Broken Arrow High School employee—the fundraising for The Children’s Hospital gaming systems was off and running.

“As the whole thing started to get more serious, I really got into it. I could not believe how many people were donating and helping to make this happen!” Noah says. “I’m lucky. When I go to the hospital for treatment, I get to go home after a week or so. I realize there are kids who aren’t as fortunate and who may never get to go home. Knowing I could have a part in making sure they’ll have some games to play while they are in the hospital makes me very happy.” Elizabeth adds: “Between Noah talking to his friends and me passing along the word to my coworkers about donating to this cause, the whole thing blossomed. I’m proud of my son. He’s a very sweet spirited person. He’s always been that kid who voluntarily mows the elderly lady’s lawn, carries in the groceries and holds open the door.”

## “PLAYING” IT FORWARD

As a result of the Haynes’ efforts and the generosity of many donors, The Children’s Hospital at Saint Francis received a \$450 gift certificate, Xbox and Kinect game consoles and controllers, as well as over 30 games!

Child life specialist, Elizabeth Sharp, is not in the least bit surprised by what Noah accomplished. “He mentioned he wanted to find a way to give back since Saint Francis has done so much for him,” she says. “He’s definitely built a name for himself around here. We all love his energy, great sense of humor and positive outlook on life. Noah Haynes is like a breath of fresh air.”

**"I'M LUCKY. WHEN I GO TO THE HOSPITAL FOR TREATMENT, I GET TO GO HOME AFTER A WEEK OR SO. I REALIZED THERE ARE KIDS WHO AREN'T AS FORTUNATE. KNOWING I COULD HAVE A PART IN MAKING SURE THEY'LL HAVE SOME GAMES TO PLAY WHILE THEY ARE IN THE HOSPITAL MAKES ME VERY HAPPY."**

[NOAH]







# GIVING OF *One's Self*

ABOVE:  
Kathe and Lewis McKinney

**WHEN ASKED WHAT INSPIRED HIM TO DONATE HIS KIDNEY TO SOMEONE HE HAD NEVER EVEN MET, OKEMAH RESIDENT, LEWIS MCKINNEY, WAS QUICK TO ANSWER: "I GUESS YOU COULD SAY IT WAS A 'JESUS THING.'"**

**SUSANA STONEBURNER—WHO RECEIVED MCKINNEY'S HEALTHY KIDNEY ON OCTOBER 1, 2015—ALSO BELIEVES IT HAD EVERYTHING TO DO WITH JESUS. "I THINK JESUS HEARD MY PRAYERS," SHE SAYS. "I HAD BEEN ON DIALYSIS THREE DAYS A WEEK FOR OVER TWO YEARS AND THROUGHOUT THAT TIME, I PATIENTLY WAITED AND PRAYED TO THE LORD TO FIND ME A LIVING DONOR."**

## FOLLOWING *His Heart*

For Lewis McKinney, the journey to becoming a kidney donor began when his 34-year-old nephew, Kyle McKinney, was in need of a new kidney. "When Kyle was 15, he was diagnosed with a kidney disorder," says Lewis' wife, Kathe. "He received a new kidney in 2005, but needed another one in 2012. Lewis was ready and willing to donate a kidney for Kyle."

Despite the fact Lewis and his nephew share the same blood type, other factors did not align—thus ruling out a match. Although Lewis could not donate a kidney to his nephew, the desire to help someone else in this selfless way remained strong.

"I kept thinking about it, but it really hit home last spring when my wife and I went with my nephew to a meeting at

Saint Francis Hospital about its kidney transplant program," Lewis says. "I became very inspired. As I sat there and listened, something started to speak to my heart. I asked Jesus, 'Why am I here?' I just knew there was a reason."

This burning question led to more. "I asked my bride of almost 35 years if she would walk through this with me. She is the most important part of my life, except Jesus, of course. I wouldn't do this without her by my side," Lewis says. "I then spoke with the pastor at our church—the United Pentecostal Church in Okemah—to make sure my heart was in the right place. He believed it was and encouraged me to follow it."

## WITH *Both Feet*

Once Lewis made the decision, he wasted no time in undergoing the extensive evaluation, approval and registration process with the Saint Francis Kidney Transplant Program. "When Lewis is committed to something, he jumps in with both feet," Kathe says. "At first, the children (we have seven) and I were nervous about him going through with this. But, when we saw how determined he was and how much he wanted to help someone, we fully supported him. He was ready to donate his kidney and change someone's life and he wanted to do it as soon as possible."

## ANSWERED *Prayers*

"As soon as possible" arrived even earlier than expected. Two weeks after Lewis was approved and registered, he received news that Susana Stoneburner of Tahlequah, Oklahoma, was the perfect match for his kidney.

"When I got the call from the kidney transplant supervisor at Saint Francis, I was beyond excited and literally started jumping up and down!" Susana says. "My prayers had been answered. This person who I had yet to meet was going to change my life in ways I could only imagine."

Three days prior to the transplant surgery, Lewis and Kathe felt compelled to meet Susana before the surgery, rather than following the surgery as was originally planned. "We felt it was important to meet her face to face and make sure she was completely comfortable with everything and to assure her our hearts were in the right place," Lewis says.

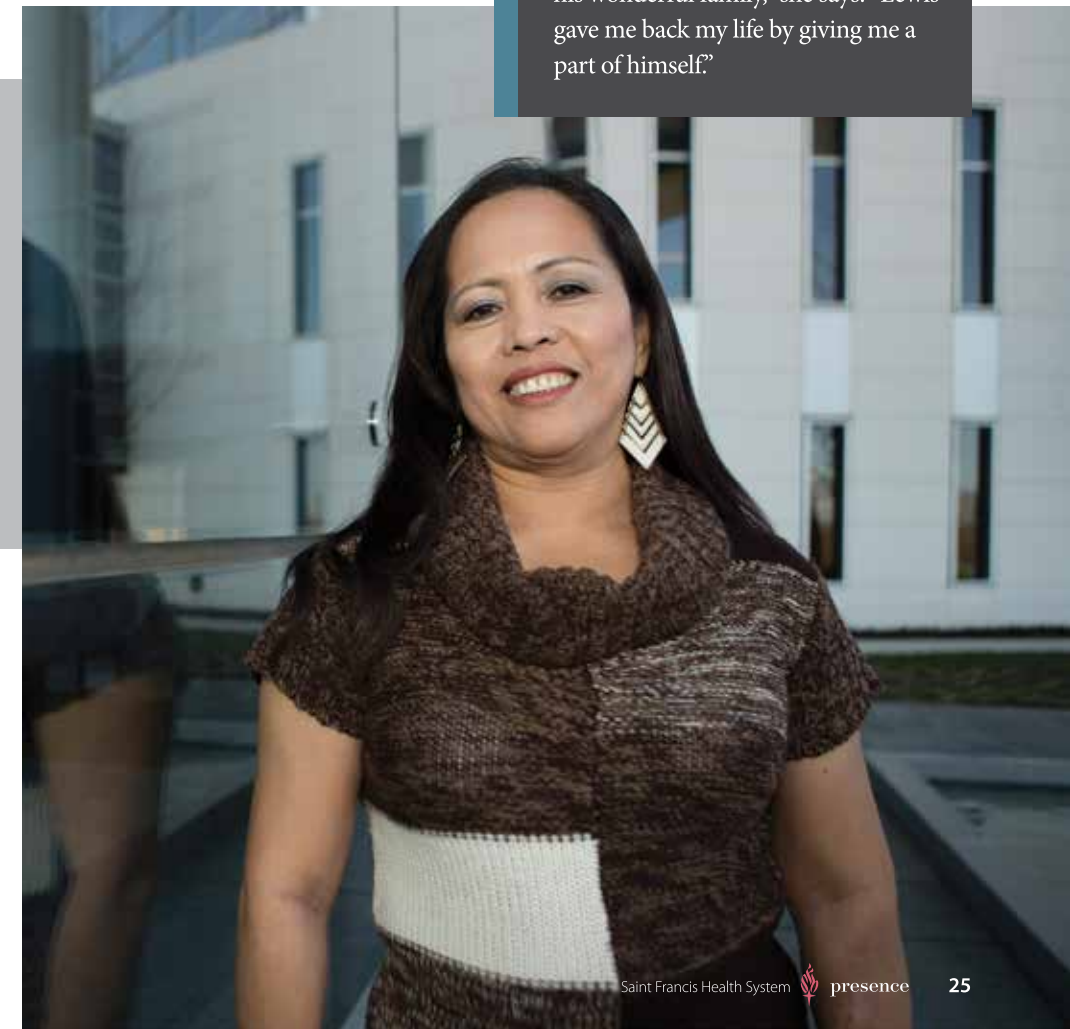
At this poignant meeting, the McKinneys and Susana hugged and immediately began to pray together. "It was such a heartfelt moment. We all held hands at the table and prayed together," says Terri Roberts, supervisor of the Saint Francis

Kidney Transplant Program. "You don't see someone like Lewis McKinney too often—someone with that level of selfless motivation. I believe Lewis simply felt called upon to help someone in this very special way."

## *Blessed*

Over six months have passed since the transplant surgery occurred and Lewis McKinney unequivocally says he would do it all again. "I'm so thankful for my family's support throughout this experience," he says. "I'm also thankful I listened to my heart and made this decision. Knowing Susana is doing well and enjoying her life again makes me very happy."

As for Susana, she not only feels thankful, but truly blessed. "I really feel the Lord brought us together. I thank God every day for Lewis and his wonderful family," she says. "Lewis gave me back my life by giving me a part of himself."



RIGHT:  
Susana Stoneburner



# SAINT FRANCIS

## *Kidney Transplant Program*



SINCE 2005, THE SAINT FRANCIS KIDNEY TRANSPLANT PROGRAM HAS BEEN WELCOMING PATIENTS FROM ACROSS OKLAHOMA AND NEIGHBORING STATES. ACCORDING TO THE UNITED NETWORK FOR ORGAN SHARING (UNOS), THE NATIONAL ORGANIZATION THAT REGISTERS WAITING TRANSPLANT PATIENTS AND MATCHES POTENTIAL DONORS, MORE THAN 108,000 PEOPLE ARE WAITING FOR KIDNEY TRANSPLANTS, OF WHICH OVER 575 ARE OKLAHOMANS.

**ABOVE:**  
Saint Francis Kidney Transplant Team

From left to right:  
Whitney Beeler, RN  
Terri Roberts, RN  
Karen Frederick  
Katie Peoples, LCSW  
Lisa Keller, RDLD  
Vivian Carson, PharmD  
Jamie Boelens, RN  
Jennifer Sage  
Cara Giglia, RN

The Saint Francis Kidney Transplant Program team members include transplant coordinators (RNs), social worker, dietitian and pharmacist. This highly trained staff has an accumulated total of 42 years of experience in the area of transplant. The specialized team also includes transplant nephrologists and surgeons.

Each year, the program manages approximately 40 to 50 kidney transplant procedures.

The average wait time for a kidney at Saint Francis is about two years.

The Saint Francis Kidney Transplant Program provides a designated transplant coordinator to assist all living kidney donors.

The program includes a post-transplant clinic, in which the transplant

nephrologist and post-transplant coordinator provide specialized care to patients.

The Saint Francis Kidney Transplant Program is a part of the UNOS kidney paired donation program, which offers living kidney donor recipients additional options for living kidney donations.

### KIDNEY TRANSPLANT LIVING DONOR ORIENTATIONS OFFERED AT *Saint Francis Hospital*

The Saint Francis Kidney Transplant Program offers a quarterly Kidney Transport Living Donor orientation in the Saint Francis Education Center. These sessions provide an excellent educational opportunity for anyone interested in learning of living kidney donation.

**“IT’S AS IF EACH TEAM MEMBER WAS CAREFULLY HANDPICKED FOR THEIR SPECIFIC JOB...”**

*Lewis McKinney*

### KIDNEY TRANSPORT LIVING DONOR *Orientation Classes*

#### REMAINING CLASSES FOR 2016:

Thursday, June 23  
Thursday, September 22  
Thursday, December 15

*(All classes take place from 4:30 p.m. to 6:30 p.m.)*

For more information about the Saint Francis Kidney Transplant Program or to attend a Living Donor Information orientation, please call **918-502-3900** or **888-801-0018**.

### ON A *Personal Note*

And, on a personal note regarding the Kidney Transplant Program at Saint Francis staff, kidney donor, Lewis McKinney, had this to say: “It’s as if each team member was carefully handpicked for their specific job. Throughout the entire process, they treated me with such respect. I never felt like just another patient. I actually looked forward to my appointments and to seeing them. I mean it wholeheartedly when I say I couldn’t have possibly received better care.”

**“OUR EXPERIENCE WITH THE SAINT FRANCIS KIDNEY TRANSPLANT TEAM WAS REMARKABLE...”**

*Celia Frank*



# Volunteering AT XAVIER MEDICAL CLINIC

Thoughts expressed by those who volunteer at Xavier Medical Clinic seem to share a common thread:

*The more they give, the more they receive.*

Xavier Medical Clinic, operated by Saint Francis Health System, offers the resources of volunteer physicians, pharmacists, nurses and other healthcare professionals to women, children and men who are uninsured or underserved.

## Practice of Giving

Rheumatologist **Dr. Michael Malloy**, began volunteering at Xavier Medical Clinic seven years ago because he was interested in helping those who might not otherwise have access to medical care. His specialty includes the treatment of arthritis, autoimmune diseases, pain disorders affecting joints and osteoporosis.

"The patients at Xavier are in great need of quality healthcare and are always so grateful to receive it. I believe our efforts go a long way to keep them healthier and able to enjoy a better quality of life," Dr. Malloy says. "From a personal perspective, volunteering at Xavier Medical Clinic gives

me an opportunity to be an active member of the mystical body of Christ. I want to try to imitate Jesus in any way I can and providing care at Xavier fulfills one of the Corporal Works of Mercy\*—which is to visit the sick. Volunteering at Xavier is a wonderful experience, as well as a very meaningful one."

*\*As stated by the United States Conference of Catholic Bishops (USCCB), the Corporal Works of Mercy are found in the teachings of Jesus and provide a model for how we should treat all others, as if we were Christ in disguise. They are charitable actions by which we help our neighbors in their bodily needs.*



*A calling...*

## Upholding the Mission

Adult endocrinologist, **Dr. Anu Prabhala**, began volunteering at Xavier Medical Clinic in 2004. As an endocrinologist, Dr. Prabhala treats patients with disorders of the endocrine systems, including diabetes.

"The majority of our patients are Hispanic and I have really enjoyed interacting with them and learning a lot about their heritage. I've even learned to speak a little Spanish! The patients are so receptive—they take the advice we offer to heart and want to do what they can to lead healthier lives," Dr. Prabhala says. "The work we do at Xavier is very important—and for me personally, it is a calling. It is gratifying to know as volunteers at Xavier we are doing our part to serve the population and uphold Saint Francis' mission of 'extending the presence and healing ministry of Christ in all we do.'"

## Touching Lives

In addition to rheumatology and endocrinology, specialists in areas such as primary care, family medicine, pediatrics,

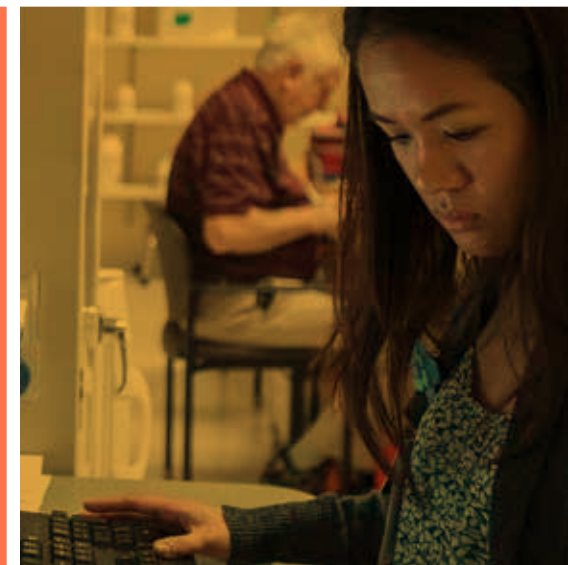
obstetrics, cardiology, orthopedics and general surgery also volunteer their time at the clinic.

"Honestly, the physicians who volunteer here are the core piece of Xavier Medical Clinic," says Jessica Gomez, nurse manager. "Because without them, we wouldn't be able to treat patients. Our amazing team of doctors enables us to touch—and transform—so many lives."

## The Thread that Binds

Here's where it all circles back to the aforementioned thread that binds the Xavier Medical Clinic team together.

"Each of us feels privileged to have the opportunity to give more than we receive in our work at Xavier Medical Clinic," Gomez says. "And, so on behalf of all of us, I would like to thank Saint Francis Health System for its support and heartfelt commitment to ensuring quality healthcare is available to the men, women and children who need it the most."



*A privilege...*



*A meaningful way to give back...*





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# presence

a publication of Saint Francis Health System

## **MISSION**

*To extend the presence and healing ministry of Christ in all we do*

## **VISION**

*Saint Francis Health System will be the leading integrated Catholic healthcare system providing high quality, comprehensive and innovative care across our regional continuum of services.*

## **VALUES**

### **EXCELLENCE**

*Promoting high standards of service and performance*

### **DIGNITY**

*Respecting each person as an inherently valuable member of the human community and as a unique expression of life*

### **JUSTICE**

*Advocating for systems and structures that are attuned to the needs of the vulnerable and disadvantaged and that promote a sense of community among all persons*

### **INTEGRITY**

*Encouraging honesty, consistency and predictability in all relationships*

### **STEWARDSHIP**

*Ensuring prudent use of talents and resources in a collaborative manner*