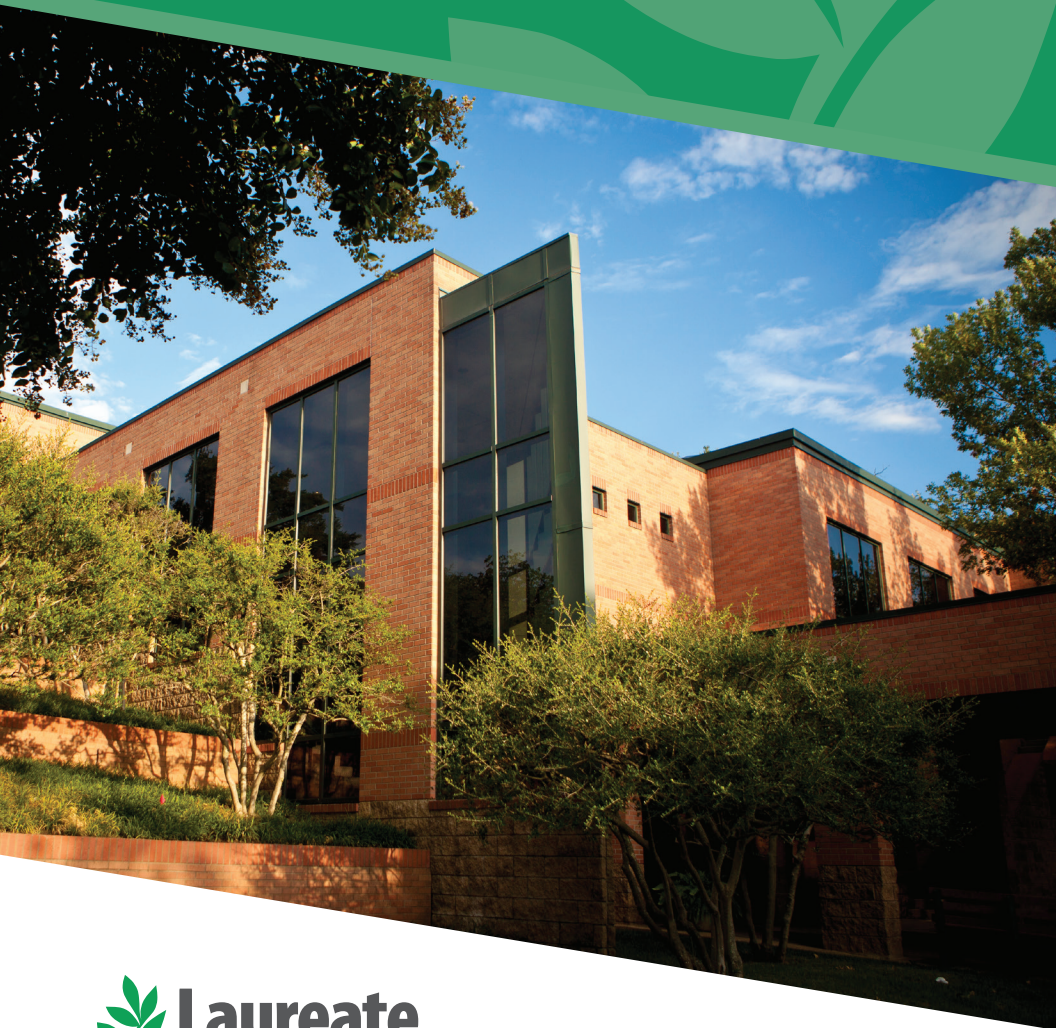


Senior Behavioral Health Unit



Laureate

Psychiatric Clinic and Hospital

A part of Saint Francis Health System

6655 South Yale Avenue • 918-502-5000

WELCOME

Thank you

Welcome to the Senior Behavioral Health Unit. We are proud and honored to serve you. The staff is committed to your recovery and want to make your stay as comfortable as possible.

Purpose of this Handbook

We know that hospitalization can be a very difficult time for most people. We've designed this handbook to answer several questions you may have. If you have any additional questions after reading this handbook, please contact a staff member. We are here to help!

Excellent Care and Service

Our goal at Laureate is to provide exceptional care. You have the right to file a grievance if you have a complaint or concern that the staff have not been able to resolve. Please contact the unit manager at 918-502-5008.

Patient Rights

You should have received a list of patient rights on admission. If you did not receive a copy, please notify a staff member and they can print one for you.

Limited Personal Items

Due to the dangers posed by many common items, we ask that you only bring glasses, dentures, hearing aids and comfortable clothing. This includes a sweater or jacket and sleep wear. Clothing cannot have drawstrings and bras should not have metal underwires. Clothes hangers are not permitted.

Slip-on, non-skid shoes may also be brought. Pointed or steel-toed boots and shoelaces are not permitted.



Toiletries such as soap, shampoo and deodorant are provided. Patients are not permitted to keep razors, aerosol cans, glass containers or products containing alcohol in their rooms. Cosmetics may be kept in a locker at the nurses' station and used with supervision.

All items brought in must be inspected by the nursing staff. The items will be inventoried and labeled. If a potentially dangerous item is brought in, it will be sent home with the family or confiscated until discharge. Please ask family members not to bring anything without checking with the staff first.

Valuables, money, checks, credit cards, etc. will be sent home or placed in the hospital safe.

Safety Rules and Regulations

Each patient will respect the rights, needs and property of others. Only appropriate social and physical contact is permitted. No aggressive behavior is permitted. Each patient will maintain appropriate dress.

Visitation is allowed in the dining room and day room only.

Speak up if you have a concern. You are a partner in your care.

About Us

The Senior Behavioral Health Unit is designed to treat older adults who are experiencing psychological and emotional distress in a safe and secure environment.

Mental Health

We offer two different and separate programs on our unit. One program focuses on the stabilization of mental health crises and assists the patient on the journey to recovery.

Dementia

Our second program focuses on helping patients with Alzheimer's disease and other cognitive disorders control emotional and behavioral symptoms.





Your Treatment Team

Multidisciplinary Approach

Your treatment team will involve professionals who are highly trained in their respective professions. The team will include a board-certified psychiatrist, therapist/case manager, pharmacist, recreational therapist and a registered nurse. Nurse technicians, internal medicine physicians, a registered dietitian, as well as physical and speech therapists are also consulted.

Members of your treatment team will confer with you and each other to develop your treatment plan. It is very important to us that you are actively involved in this process.

Your Treatment Plan

Individualized

Based on your goals, history, diagnosis and the assessments conducted by the treatment team, an individualized treatment plan will be developed for you. You will be asked to review this treatment plan and sign it.

Groups

We offer several group activities a day and encourage participation. Research indicates these groups are beneficial in stabilization and recovery. Examples of groups offered are processing group, expressive therapy and education groups on coping skills. A daily schedule is posted on the unit.

Medications

Medications are frequently used as part of the treatment plan. Psychotropic medications are medications that affect mood, behaviors and sleep. Adherence to your medication plan is frequently a predictor of length of stay and recovery. You will be advised of the benefits and risks of any newly prescribed psychotropic medications unless the administration is due to a psychiatric emergency. Please discuss any concerns you have regarding your medications with your psychiatrist or nurse as soon as possible.



It is very important that you only take medications provided by the nursing staff. Please do not ask your family members to bring you additional medications.

Rest

To promote healthy sleeping patterns, there are no televisions or radios in the rooms. We encourage everyone to develop good sleep hygiene by following an established schedule that includes regular bed times and rising times.

Spiritual/Religious Support

The staff will gladly assist you in making arrangements for a visit from clergy.

Off-Unit Activities

If appropriate, your treatment plan may include off-unit activities. Feeding the fish in the koi pond is a favorite activity for many of our patients. All off-unit activities are closely supervised by staff.

Keeping you Safe

One of our highest priorities at Laureate is keeping you safe. Please help us keep you safe by following these safety procedures.

Bracelets

You may be issued several bracelets, such as an identification bracelet. Please keep these on at all times. Notify a staff member promptly if one becomes damaged or lost. Accurate identification prevents errors and helps to keep you safe.

Visual Checks

The staff will regularly and frequently check your location and well-being. Although this may seem intrusive, every effort will be made to protect your privacy and dignity.

Special Precautions

For your safety or the safety of others, there are times that patients will be placed on special precautions, such as suicide precautions or fall precautions. If you are placed on any special precautions, a member of the treatment team will explain the conditions that must be met before precautions are lifted.



Patient Communication

Phone calls may be made and received during breaks before, after and between scheduled groups, as well as during visiting hours. Exceptions may be made through prior arrangements or at the discretion of the charge nurse. Callers must have your code number if they call the nurse's station.

To place a local call: Dial 99, wait for the dial tone then dial the area code followed by the desired number.

Please limit your phone calls to 10 minutes per call. This will allow other patients access to the telephone.

Phone calls may be restricted by physician's order. You have the right to appeal any decision limiting your rights to make phone calls.

Mail may be sent to you while hospitalized.

For safety, mail must be opened in the presence of staff. The staff will not read your mail unless you request assistance. To send outgoing mail, simply give the stamped, addressed letter to a staff member to place in the outgoing mailbox.

Visiting Hours: (Currently suspended due to COVID-19)

Tuesday, Wednesday, Thursday
5:00 p.m. - 6:30 p.m.

Saturday, Sunday, Holidays
1:15 p.m. - 2:30 p.m.

Visitors are limited to two people per patient. Sorry, no children under the age of twelve may visit.



MISSION

To extend the presence and healing ministry of Christ in all we do

VISION

Inspired to create a sustainable and just healthcare system, Saint Francis will be the technology-enabled health ministry that delivers integrated, market-leading, high-quality, affordable care through engaged caregivers to the people of eastern Oklahoma.

VALUES

EXCELLENCE

Promoting high standards of service and performance

DIGNITY

Respecting each person as an inherently valuable member of the human community and as a unique expression of life

JUSTICE

Advocating for systems and structures that are attuned to the needs of the vulnerable and disadvantaged and that promote a sense of community among all persons

INTEGRITY

Encouraging honesty, consistency and predictability in all relationships

STEWARDSHIP

Ensuring prudent use of talents and resources in a collaborative manner



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6655 South Yale Avenue • Tulsa, Oklahoma 74133
918-502-5000 | saintfrancis.com/laureate