

Learn to Swim Registration form

Please complete a registration form for each swimmer.

Participant's Name: _____ Birthdate: _____ Age: _____

Membership Number: _____ Guest _____

Parent/Guardian's Name if under 18: _____

Cell Phone Number: _____

Email: _____

Pick the event/program you wish to enroll:	Mem/Non-Mem	Mark group/Level	\$
Session 1: June 3 - 20 Session 2: June 24 – July 18 (no classes July 4 th week) Session 3: July 24 – August 8 Session 4: August 12 - 29 3-week session, 45-minute classes circle amount choose a swim level			
Session 1 – Water F/D/S or Level 1-4, Mon. & Weds. @ 4:40 pm	\$75.00 / \$90.00	F D S 1 2 3 4	\$
Session 1 – Parent Child, Tuesday & Thursday @ 8:30 am	\$75.00 / \$90.00		\$
Session 1 – Water F/D/S or Level 1-4, Tues. & Thurs. @ 11:30 am	\$75.00 / \$90.00	F D S 1 2 3 4	\$
Session 1 – Water F/D/S or Level 1-4, Tues. & Thurs. @ 5:40 pm	\$75.00 / \$90.00	F D S 1 2 3 4	\$
Session 1 – Parent Child, Tuesday & Thursday @ 6:30 pm	\$75.00 / \$90.00		\$
Session 2 – Water F/D/S or Level 1-4, Mon. & Weds. @ 4:40 pm	\$75.00 / \$90.00	F D S 1 2 3 4	\$
Session 2 – Parent Child, Tuesday & Thursday @ 8:30 am	\$75.00 / \$90.00		\$
Session 2 – Water F/D/S or Level 1-4, Tues. & Thurs. @ 11:30 am	\$75.00 / \$90.00	F D S 1 2 3 4	\$
Session 2 – Water F/D/S or Level 1-4, Tues. & Thurs. @ 5:40 pm	\$75.00 / \$90.00	F D S 1 2 3 4	\$
Session 2 – Parent Child, Tuesday & Thursday @ 6:30 pm	\$75.00 / \$90.00		\$
Session 3 – Water F/D/S or Level 1-4, Mon. & Weds. @ 4:40 pm	\$75.00 / \$90.00	F D S 1 2 3 4	\$
Session 3 – Parent Child, Tuesday & Thursday @ 8:30 am	\$75.00 / \$90.00		\$
Session 3 – Water F/D/S or Level 1-4, Tues. & Thurs. @ 11:30 am	\$75.00 / \$90.00	F D S 1 2 3 4	\$
Session 3 – Water F/D/S or Level 1-4, Tues. & Thurs. @ 5:40 pm	\$75.00 / \$90.00	F D S 1 2 3 4	\$
Session 3 – Parent Child, Tuesday & Thursday @ 6:30 pm	\$75.00 / \$90.00		\$
Session 4 – Water F/D/S or Level 1-4, Mon. & Weds. @ 4:40 pm	\$75.00 / \$90.00	F D S 1 2 3 4	\$
Session 4 – Water F/D/S or Level 1-4, Tues. & Thurs. @ 5:40 pm	\$75.00 / \$90.00	F D S 1 2 3 4	\$
Session 3 – Parent Child, Tuesday & Thursday @ 6:30 pm	\$75.00 / \$90.00		\$
Adult Session 1 – Wednesday's @ 6:45 pm, June 5 – July 17	\$75.00 / \$90.00	1 2 3 4	\$
Adult Session 2 – Wednesday's @ 6:45 pm, July 24 – August 28	\$75.00 / \$90.00	1 2 3 4	\$

- Swim level descriptions located at the bottom of the next page.

Complete both sides

I understand that by registering for this event that I am reserving a spot that someone else will not have the opportunity to fill. I understand the fee for this event will not be refunded if the swimmer is unable to attend.

Parent/Guardian Signature: _____ Date: _____

Medical Information (not necessary to complete for swim lessons)

Is there any medical condition(s) we need to be aware of?

Release

Health Zone, a service of Related Health Services, Inc and its parent company, Saint Francis Hospital, Inc. (hereafter "The Center"), is a medically-directed fitness and wellness program. As a participant in The Center's Learn2Swim programming, I acknowledge that I am using The Center's facilities and equipment at my own risk and that The Center shall not be liable for losses of any personal belongings. I understand this paragraph to be a waiver and a release of The Center, their agents, and employees from any liability for injury or harm to my swimmer or myself while involved in the use of equipment, facilities, or activities at The Center.

Participant or Parent/Guardian's Signature: _____ Date: _____

Employee/Witness Signature: _____ Date: _____

Parent / Child

Parent or guardian works with their child with the goal of creating independence in the water by learning basic water and safety skills and developing comfort in the water. For ages 6 months up to 4 year olds new to swim lessons.

Preschool: ages 3 up to 5 years

(*It is recommended that all 3 year olds attend at least 1 session of parent child before enrolling in Preschool level classes)

- **Water Frog:** For young children new to swim lessons or a graduate of parent / child. Must be able to follow direction and be independent in a group setting.
- **Water Dolphin:** Able to perform basic water skills with assistance. Is comfortable getting face wet.
- **Water Shark:** Able to perform some basic water skills independently. Able to swim 3 body lengths unassisted.

School Age: ages 5 – 14

Adult: ages 14 and up

- **Level 1, Beginner:** For those new to swim lessons.
- **Level 2, Beginner:** Able to perform some basic water skills independently. Able to fully submerge. May be able to swim 3 body lengths unassisted.
- **Level 3, Intermediate:** Able to perform rudimentary front crawl and back crawl with face / head in the water for 5 body lengths. Must be able to demonstrate all skills in lower levels.
- **Level 4, Intermediate:** Able to perform the front crawl with minimal head lift on the rotary breathing. Able to demonstrate all skills in lower levels.